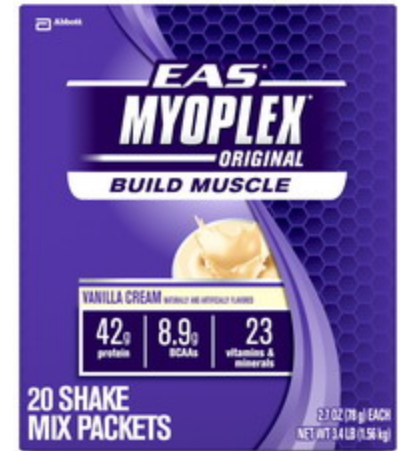


Product Information: Myoplex® Original Powder

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Myoplex® Original Powder

- For those who seek to build muscle.
- 42 g of protein with a sustained-release amino acid profile, featuring a blend of rapid and slowly digested proteins, designed to promote muscle protein synthesis.
- Includes 8.9 g of branched chain amino acids (BCAAs). Research shows that BCAAs help muscles recuperate after strenuous exercise and may help reduce exercise-induced muscle damage.
- A blend of protein and carbohydrates designed to help repair and refuel muscles post-workout.
- 23 vitamins and minerals for daily nutrition.
- A good source of fiber (3 g) for digestive health.
- An excellent source of eight B-vitamins for energy and protein metabolism.
- An excellent source of the antioxidant vitamins C and E, and selenium for immune support.



Ingredients

Vanilla Cream Powder:

Whey Protein Concentrate (Whey Protein Concentrate, Soy Lecithin), Calcium Caseinate, Corn Maltodextrin, Milk Protein Isolate, Dairy Creamer (Sunflower Oil, Sodium Caseinate, Mono- and Diglycerides, Potassium Phosphate, Soy Lecithin, Tocopherols), Oat Fiber, Natural & Artificial Flavor, Calcium Phosphate, Vitamin & Mineral Blend (Magnesium Oxide, dl-Alpha-Tocopheryl Acetate, Ascorbic Acid, Niacinamide, Ferrous Fumarate, Zinc Oxide, Calcium Pantothenate, Manganese Gluconate, Pyridoxine Hydrochloride, Copper Sulfate, Boron Proteinolate, Riboflavin, Thiamin Hydrochloride, Vitamin A Palmitate, Folic Acid, Biotin, Chromium Citrate, Potassium Iodide, Molybdenum Amino Acid Chelate, Selenium Amino Acid Chelate, Cyanocobalamin), Potassium Phosphate, Medium-Chain Triglycerides, Potassium Chloride, Salt, Xanthan Gum, Carrageenan, Acesulfame Potassium, Whey Protein Isolate, Potassium Citrate, Sucralose, L-Glutamine, Taurine, Egg Albumin, Sodium Phosphate, and Beta-Carotene.

Allergens: Contains egg, milk and soy ingredients.

Availability

List Number	Item
59082	Myoplex Original Shake Mix Chocolate Cream / 78-g (2.7-oz) Pouch / 42 ct
59090	Myoplex Original Shake Mix Vanilla Cream / 78-g (2.7-oz) Pouch / 42 ct
59104	Myoplex Original Shake Mix Chocolate Cream / 78-g (2.7-oz) Pouch / 20 ct
59105	Myoplex Original Shake Mix Strawberry Cream / 78-g (2.7-oz) Pouch / 20 ct
59106	Myoplex Original Shake Mix Vanilla Cream / 78-g (2.7-oz) Pouch / 20 ct

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Nutrition Information - Vanilla Cream Powder

	78 g packet	
	Value	%RDI / %DV*
Calories	290	
Calories from Fat	40	
Fat, g	4.5	7
Saturated Fat, g	1.5	8
Trans Fat, g	0	
Cholesterol, mg	50	17
Sodium, mg	270	11
Potassium, mg	550	16
Carbohydrate, g	22	7
Dietary Fiber, g	3	12
Sugars, g	2	
Protein, g	42	84
Vitamin A		50
Vitamin C		40
Calcium		60
Iron		40
Vitamin E		100
Thiamin		40
Riboflavin		50
Niacin		45
Vitamin B6		45
Folate		50
Vitamin B12		60
Biotin		50
Pantothenic Acid		50
Phosphorus		45
Iodine		50
Magnesium		45
Zinc		50
Selenium		50
Copper		45
Manganese		80
Chromium		80
Molybdenum		90
Chloride		10

Vanilla Cream Powder Footnotes & References

Per 78 g packet

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

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Preparation

Use Instructions:

- Combine the contents of each packet with 15 fl oz of cold water, milk or your favorite beverage and mix for 20-30 seconds in a shaker or blender.
- Drink within 30 minutes after your workout.
- Also works as a snack or part of 5-6 smaller meals per day.
- Use with a healthy diet and exercise program.

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