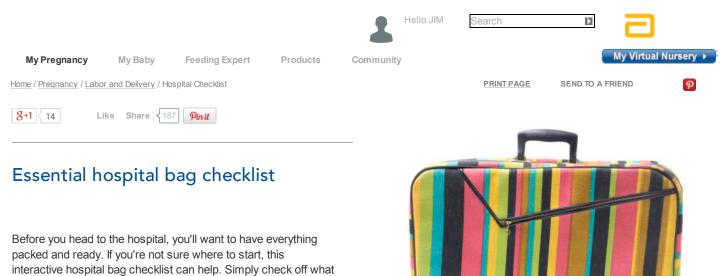
## Hospital Bag Checklist - Similac



you'll want — and need — for when it's time to go. Then you can

print out your list and pack.

General Necessit	ies	For Your Baby	
<ul> <li>Admission forms/papers</li> <li>Folder with paperwork</li> <li>Camera and/or video camera</li> </ul>	<ul> <li>Health insurance card</li> <li>Your favorite pregnancy book</li> <li>Extra batteries</li> </ul>	<ul><li>Car seat</li><li>Seasonal outfit for the trip home</li><li>Socks/booties</li></ul>	<ul> <li>Diapers for the trip home</li> <li>Hat/beanie</li> <li>Blankets</li> </ul>
Dh, and don't forget		Oh, and don't forget	
Clothing		Important Last-mi	inute Items

Pack away items you won't need until it's time to head to the hospital. Keep daily

necessities in travel bags to ensure a quick departure on that special day.

Clothing		Important Last-minute Items	
Robe	Sweats and other loose-fitting garments	<ul> <li>Cash and change</li> <li>Electronic planner</li> </ul>	<ul> <li>Mobile phone and charger</li> <li>Laptop</li> </ul>
Front-fastening nightgown	Nursing pads and bras	<ul> <li>Map or printed directions</li> </ul>	
<ul><li>Slippers</li><li>Underwear</li></ul>	Thick socks		
		Oh, and don't forget	

Oh, and don't forget ...

The Little Extras		For Dad		
<ul> <li>Pictures of family</li> <li>Extra memory for camera</li> <li>Film and tapes</li> <li>Magazines/reading material</li> <li>Suckers and hard candy</li> </ul>	<ul> <li>Portable DVD player</li> <li>MP3 player with your favorite songs</li> <li>Gifts for siblings</li> <li>Snacks</li> <li>Your most comfortable pillow</li> </ul>	<ul> <li>Change of clothes</li> <li>Books and magazines</li> <li>Toothbrush and toothpast</li> <li>Face wash</li> </ul>	<ul> <li>Snacks</li> <li>Spare T-shirt</li> <li>Razor and shaving cream</li> <li>Phone number and email address contact list</li> </ul>	
Oh, and don't forget		Oh, and don't forget		

## Personal-Care Items

Similac® travel bag	Body soap
Shampoo	Conditioner
Mirror	Brush/comb
Floss	Toothpaste
Toothbrush	Deodorant
Glasses/contacts/solution	Facial cleanser
Hair bands	Lip gloss/lip balm
Body and facial lotion	Makeup/cosmetics
Maxi pads	Mouthwash/mints
Prescription medications	

Oh, and don't forget ...

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