Approach to Interdisciplinary Nutrition Care

**Hospital Admission**
- Nutrition Screen
  - Nursing: Every patient screened ≤24 hours using validated tool
  - Results documented in EHR

**Malnourished Or At Risk**
- If Not At Risk, Monitor, Then Rescreen
- Patient Fed And Consumption Monitored*

**Nutrition Assessment Ordered**
- Automatic Intervention Triggered in EHR
- Nursing: Initiate Food/ONS intake within 24 hours*
- Manage environments to maximize consumption
  - *Patient fed orally unless specific contraindications exist

**Nutrition Assessment Conducted**
- Dietitian: Assessment includes AND and A.S.P.E.N. malnutrition characteristics

**Custom Nutrition Care Plan Created/Ordered**
- Interdisciplinary: Dietitian: create nutrition care plan, order intervention and document in EHR
  - Nurse: facilitate adherence
  - Physician: nutrition included in daily problem list/team huddles

**Patient And Family Education**
- Interdisciplinary: Dietitian: conduct comprehensive education/counseling
  - Nurse: reinforce teachings and respond to questions
  - Physician: discuss nutrition status/plan

**If Malnourished, Diagnosis Documented**
- Physician: Severity-coded diagnosis documented in EHR

**Monitor And Reevaluate**
- Interdisciplinary: Dietitian: adjust nutrition care plan and orders, as needed; document in EHR
  - Nurse: monitor and document changes in intake, weight and function
  - Physician: continue nutrition care discussion

**Discharge Plan Updated**
- Interdisciplinary: Nutrition care included within discharge plan
- Nutrition care follow-up scheduled

**Patient Discharged On Appropriate Nutrition Care Plan**
- Nutrition Care Plan Transferred To Next Care Setting And PCP

**Interdisciplinary**
- Dietitian: create nutrition care plan, order intervention and document in EHR
- Nurse: facilitate adherence
- Physician: nutrition included in daily problem list/team huddles

Visit [www.malnutrition.com](http://www.malnutrition.com) to learn more on how you can make positive impacts on your patients’ outcomes.

Abbreviations: AND, Academy of Nutrition and Dietetics; A.S.P.E.N., American Society for Parenteral and Enteral Nutrition; EHR, electronic health record; ONS, oral nutrition supplement; PCP, primary care physician. Source: Adapted from Tappenden et al, *JPEN* 2013 37(4):482-497

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These health organizations are dedicated to the education of effective hospital nutrition practices to help improve patients’ medical outcomes and support all clinicians in collaborating on hospital-wide nutrition procedures. The Alliance to Advance Patient Nutrition is made possible with support from Abbott Nutrition.