Malnutrition Affects Everyone

**IN THE COMMUNITY AND IN HOSPITALS**

- **Consumers**
  - Nutritional needs change at different times of life
  - Need more and different nutrition when recovering from illness or injury
  - Oral nutrition support can help meet an individual’s nutritional needs to support recovery with the right balance of nutrients

- **Patients and Caregivers**
  - Increased complications17
  - Loss of functioning and muscle weakness18
  - Slower recovery4,5
  - More readmissions2

- **Healthcare Professionals**
  - More complex care17
  - Ongoing recovery4
  - Severely limited food intake due to chronic conditions at end of life

- **Administrators**
  - Increased physician visits2
  - Higher rates of readmission15
  - Increased costs12,15,16
  - Increased use of resources2,3

- **Physicians**
  - Ongoing recovery4
  - Increased complications17

- **Support Workers**
  - Increased time spent on activities of daily living6,7
  - Severely limited food intake due to chronic conditions

Why Is Nutrition So Important?

**EFFECTIVE HOSPITAL NUTRITION PROGRAMS IMPROVE PATIENT OUTCOMES.15-22**

- 14% lower overall complications2
- 2-day reduction in average length of hospital stay19
- 40% reduction in pressure ulcers21
- 25% reduction in readmissions15

Benefits of the feedM.E. Initiative

- Facilitates best practice nutrition management to optimize people’s health and decrease healthcare costs
- Enhances community wellbeing by raising awareness and educating about importance of nutrition and eating to support recovery with the right balance of nutrients
- Supports patients and their families, healthcare professionals, hospitals, communities, and the global healthcare system
- Provides education to consumers and hospitals, and galvanizes healthcare systems from around the world

REFERENCES