



# Online Self-Study Courses

- You may apply up to 6 of the following self-study courses toward your Certificate of Training.
- To view programs you have completed and claimed credit for, log in to [www.ANHI.org](http://www.ANHI.org) and go to “My Courses.”
- For additional course details, visit <http://anhi.org/courses/adult/malnutrition>

- 1. Call to Action: *Elevating Your Role in Patient Care***  
Faculty: Sherri Jones, MS, MBA, RD, LDN / Kelly Danis, RD, LDN  
Continuing Education Credits: 2.0 Nursing CE, 2.0 Dietitian CPEU
- 2. Clinical and Economic Outcomes of Nutrition Intervention: *New Evidence***  
Faculty: Heather Keller, RD, PhD, FDC / Marinos Elia, MD / Julia Thornton Snider, PhD  
Continuing Education Credits: 1.5 Dietitian CPEU
- 3. Critical Mass: *Role of Muscle and Nursing Assessments in Strengthening Patient Outcomes***  
Faculty: Tracy Smith, PhD, RD, LD  
Continuing Education Credits: 1.0 Nursing CE, 1.0 Dietitian CPEU
- 4. Essential Lean Body Mass: *Vital for Life, Recovery and Healing***  
Faculty: Tracy Smith, PhD, RD, LD  
Continuing Education Credits: 1.0 Nursing CE, 1.0 Dietitian CPEU
- 5. Finding Patients at Nutritional Risk: *A Case-Based Scenario***  
Faculty: Jane White, PhD, RD, FADA, LDN / Elaine Ameila, PhD, RN, FAAN  
Continuing Education Credits: 1.0 Nursing CE, 1.0 Dietitian CPEU
- 6. Fortify Your Nutritional Value: *Connecting Malnutrition Research to Clinical Practice***  
Faculty: Maree Ferguson, MBA, PhD, RD / Kim Brenkus, MBA, RD, LD /  
Laura Frank, PhD, MPH, RDN, CD  
Continuing Education Credits: 1.5 Nursing CE, 1.5 Dietitian CPEU
- 7. Improving Patient Outcomes: *Comprehensively Addressing Malnutrition in the Hospital***  
Faculty: Annalynn Skipper, PhD, RD, FADA / Paul Wischmeyer, MD  
Continuing Education Credits: 1.0 Nursing CE, 1.0 Dietitian CPEU
- 8. Improving Patient Outcomes: *Considerations in the New Healthcare Landscape***  
Faculty: Barry Rosen, MD, FACS / PJ Maddox, MSN, BSN, EdD / Laura Frank, MPH, RD, CD  
Continuing Education Credits: 1.0 Nursing CE, 1.0 Dietitian CPEU
- 9. Improving Patient Outcomes: *Effectively Managing Risk After Discharge***  
Faculty: Jane White, PhD, RD, FADA, LDN / Nancy Stotts, RN, EdD, FAAN  
Continuing Education Credits: 1.0 Nursing CE, 1.0 Dietitian CPEU
- 10. Improving Patient Outcomes: *Interdisciplinary Approach to Recognizing and Treating Malnutrition***  
Faculty: Gordon Jensen, MD, PhD / Ainsley Malone, MS, RD, CNSD, LD  
Continuing Education Credits: 1.0 Nursing CE, 1.0 Dietitian CPEU
- 11. Inflammation as the Key Interface of the Medical and Nutrition Universes**  
Faculty: Gordon Jensen, MD, PhD  
Continuing Education Credits: 1.0 Nursing CE, 1.0 Dietitian CPEU



- 12. Lean Body Mass: Navigating the Impact of Hospitalization on Recovery and Health Outcomes**  
 Faculty: Rose Ann D-Maria Ghalili, PhD, RN, CNSC / Doug Paddon-Jones, PhD  
 Continuing Education Credits: 1.5 Nursing CE, 1.5 Dietitian CPEU
- 13. NEW Maintaining Momentum in the ICU and Beyond: Where Does Nutrition Start and End?**  
 Faculty: Mary McCarthy, PhD, RN / Jan Powers, PhD, RN / Jane Ryan PhD, RD  
 Continuing Education Credits: 1.0 Nursing CE, 1.0 Dietitian CPEU
- 14. NEW Managing Hospital Malnutrition: Improving Processes from Admission to Discharge**  
 Faculty: Susan Brinkmeier, RD, LD, CNSC / Dana Espinoza, MSN, RN  
 Continuing Education Credits: 1.0 Nursing CE, 1.0 Dietitian CPEU
- 15. NEW New Insights in the Preoperative Nutrition of Surgical Patients**  
 Faculty: Refaat Hegazi, MD, PhD, MPH, MS / David Evans, MD / Cindy Hamilton, MS, RD, LD  
 Continuing Education Credits: 1.0 Nursing CE, 1.0 Dietitian CPEU
- 16. Oral Nutritional Supplements: A Solution for a Recurrent Problem?**  
 Faculty: Helene Payette, PhD  
 Continuing Education Credits: 1.0 Nursing CE, 1.0 Dietitian CPEU
- 17. Patient Simulation: Putting Malnutrition Screening, Assessment, Diagnosis and Intervention into Practice**  
 Faculty: Alison Steiber, PhD, RD, LD / William Murphy MS, RD, LDN / Grissim Clark Connery, MS, RD, LD  
 Continuing Education Credits: 1.0 Nursing CE, 1.0 Dietitian CPEU
- 18. Strengthening Outcomes in the Aging Population: Building Knowledge**  
 Faculty: Rose Ann DiMaria-Ghalili, PhD, RN, CNSC / Jane White, PhD, RD, FADA, LDN  
 Continuing Education Credits: 1.0 Nursing CE, 1.0 Dietitian CPEU
- 19. Strengthening Outcomes in the Aging Population: Enhancing Practice, the Ascension Health Model**  
 Faculty: Debbie Rapp, RN, MSN, ACNS-BC / Vicki Boyce, RN, MSN, AHN-BC / Nisha Jain, RD  
 Continuing Education Units: 1.0 Nursing CE, 1.0 Dietitian CPEU
- 20. Strengthening Outcomes in the Aging Population: Understanding Aging, Inactivity, and Nutrition**  
 Faculty: Melissa Benton, PhD, RN, GNCS-BC, FACSM  
 Continuing Education Credits: 1.0 Nursing CE, 1.0 Dietitian CPEU
- 21. NEW The Magic of Nutrition: Collaborative Strategies to Improve Outcomes**  
 Faculty: Wendy Phillips MS, RD, CNSC, CLE, FAND / Andrea Melendez MSN, RN, CHTP, HTCP  
 Continuing Education Credits: 1.0 Nursing CE, 1.0 Dietitian CPEU
- 22. The Time Is Now: Elevating the Role of Nutrition for Better Patient Outcomes**  
 Faculty: Kelly Tappenden, PhD, RD, FASPEN / Alison Steiber, PhD, RD, LD / Terese Scollard, MBA, RD, LD  
 Continuing Education Credits: 2.0 Nursing CE, 2.0 Dietitian CPEU
- 23. Updates on Head and Neck Cancer Patient Care: Conquering Clinical and Nutrition Obstacles**  
 Faculty: Carrie Daly, BSN, MS, AOCN / Rhone Levine, Med, RD, CSO, LD  
 Continuing Education Credits: 1.0 Nursing CE, 1.0 Dietitian CPEU
- 24. Updates on Lung Cancer Patient Care: Conquering Clinical and Nutrition Obstacles**  
 Faculty: Annette Quinn, RN, MSN / Rhone Levine, Med, RD, CSO, LD  
 Continuing Education Credits: 1.0 Nursing CE, 1.0 Dietitian CPEU
- 25. Your Collaborative Role in Reducing Readmissions**  
 Faculty: Jane Ryan, PhD, RD  
 Continuing Education Credits: 1.0 Nursing CE, 1.0 Dietitian CPEU