

# ADDRESSING MALNUTRITION ACROSS THE CONTINUUM OF CARE

Malnutrition refers to lack of proper nutrition (i.e. poor nutrition), a condition in which the body doesn't receive the right nutrients in the right amounts.

## THE BURDEN OF MALNUTRITION

Malnutrition exists in every community, and is widespread in both emerging and developed nations.



**Up to 50%**

of patients worldwide are malnourished or at risk for malnutrition on hospital admission<sup>1</sup>



**4 to 6 Days**

How long malnutrition increases length of hospital stays<sup>2</sup>



**Malnutrition**

Leads to more hospitalizations and readmissions<sup>3</sup>



**300%**

Malnourished patients utilize more healthcare resources due to poor nutritional status<sup>4</sup>

## SIMPLE INTERVENTIONS CAN IMPROVE NUTRITION CARE<sup>5</sup>



## ADDRESSING MALNUTRITION IN HEALTHCARE HELPS:

✓  
Decrease healthcare costs<sup>6,7</sup>

✓  
Reduce length of hospital stay<sup>6,8</sup>

✓  
Reduce readmissions<sup>6,8</sup>

✓  
Improve functionality and quality of life<sup>9</sup>

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