

Dehydration Prevention Reference Guide



Pedialyte® brand has half the sugar, twice the electrolytes of leading sports drinks.

PROBLEM: When a child's belly is misbehaving, too much sugar can make diarrhea worse.

SOLUTION: Recommend Pedialyte brand to help replace electrolytes lost during diarrhea and vomiting, with half the sugar of the leading sports drink.

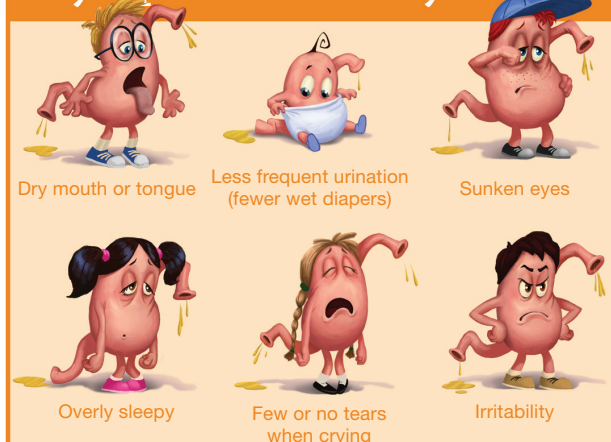
WHY PEDIALYTE: Pedialyte meets the requirements of the American Academy of Pediatrics (AAP) Committee on Nutrition to help prevent dehydration in infants and children.¹ Pedialyte is recommended by the Barton Schmitt telephone protocol.²

Electrolyte replacement and sugar/sodium balance in Pedialyte vs common beverages^{1,3-4}

	Sodium mEq/L	Potassium mEq/L	Sugar g/L	Sugar:Na Ratio
Electrolyte losses				
Non-cholera diarrhea	30-65	20-45		
Electrolyte sources				
Pedialyte®	45	20	25	3:1
Original Gatorade®	20	3	60	13:1
Cola	2	0	126	350:1
Apple juice	3	32	125	230:1

mEq/L=milliequivalents per liter.
Pedialyte is a registered trademark of Abbott Laboratories.
Gatorade is not a registered trademark of Abbott Laboratories.

Symptoms of Dehydration⁵



Powder Packs and Freezer Pops not for use for children under 1 year of age.

Therapeutic hydration to the rescue™

For more information, visit Pedialyte.com

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Use Pedialyte oral electrolyte solution under medical supervision for the dietary management of dehydration during diarrhea and vomiting.

Abbott
A Promise for Life

References: 1. Kleinman RE, ed. *Pediatric Nutrition Handbook*. 6th ed. Elk Grove Village, IL: American Academy of Pediatrics; 2009:651-659. 2. Schmitt BD. *Pediatric Telephone Protocols*. 12th ed. Elk Grove Village, IL: American Academy of Pediatrics; 2008. 3. Raizada N, et al. *Indian Pediatr*. 1992;29:461-465. 4. Molla AM, et al. *J Pediatr*. 1981;98:835-838. 5. Centers for Disease Control and Prevention. *MMWR Recomm Rep*. 2003;52(RR-16):1-16.