

Product Information: Glucerna® 1.2 Cal

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Glucerna® 1.2 Cal

- 1 Specialized nutrition for enhanced glycemic control.*
- 1 GLUCERNA 1.2 CAL is a calorically dense formula that has CarbSteady®, a unique blend of carbohydrates, including slowly digestible carbohydrate clinically shown to help minimize blood glucose response.¹
- 1 For patients with type 1 or type 2 diabetes.
- 1 For patients with hyperglycemia resulting from metabolic stress, such as illness, trauma, or infection.
- 1 For tube or oral feeding.
- 1 For supplemental or sole-source nutrition.
- 1 Use under medical supervision.
- 1 GLUCERNA 1.2 CAL has been clinically shown to significantly reduce peak postprandial blood glucose response and reduce glycemic variability versus a standard 1.2-Cal formulation in people with diabetes.^{1,2}
- 1 At 1.2 Cal/mL, patient needs can be met with less volume.
- 1 20% of calories from protein to promote anabolism and support wound healing.
- 1 Includes 10 g/L of NutraFlora® scFOS®† (2.4 g/8 fl oz and 15 g/1.5 L).
- 1 4% of total calories from saturated fatty acids and rich in monounsaturated fatty acids and polyunsaturated fats, consistent with the American Heart Association and American Diabetes Association guidelines.^{3,4}
- 1 Provides an excellent source of plant-based omega-3 fatty acids (3 g of ALA per 1500 Cal) to support cardiovascular health.
- 1 Chromium picolinate, a more bioavailable form of chromium. Chromium is an essential nutrient important for carbohydrate metabolism.
- 1 1500 Cal provide at least 100% of the DVs for 24 key vitamins and minerals.
- 1 Halal.
- 1 Kosher.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for IV use.
- 1 Not for people with galactosemia.
- 1 **Feeding sets are for single-patient use only. Use clean technique to avoid set and or product contamination**

* Compared to a standard formula.

† NutraFlora® and scFOS® are not registered trademarks of Abbott Laboratories.

¹ Alish C, et al. *Diabetes Technol Ther* 2010;12:419-425.

¹ Alish C, et al. *Diabetes Technol Ther* 2010;12:419-425.

² Data on File: Study BK06 Part B. Abbott Laboratories, 2008.

³ Eckel R, et al. *Circulation*. 2013.

⁴ Evert A, et al. *Diabetes Care*. 2014;37.

Ingredients

Liquid Unflavored:

Water, Sodium Caseinate, Corn Maltodextrin, High Oleic Safflower Oil, Canola Oil, Isomaltulose, Fructose, Soy Protein Isolate, Sucromalt, Short-Chain Fructooligosaccharides, Glycerine, Milk Protein Concentrate, Oat Fiber, Soy Lecithin, Soy Fiber, Potassium Citrate, Magnesium Phosphate, Potassium Chloride, m-Inositol, Calcium Carbonate, Calcium Citrate, Sodium Citrate, Ascorbic Acid, Choline Chloride, Salt, L-Carnitine, Taurine, Carrageenan, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Cupric Sulfate, Vitamin A Palmitate, Thiamine Chloride Hydrochloride, Pyridoxine Hydrochloride, Beta-Carotene, Riboflavin, Chromium Picolinate, Folic Acid, Biotin, Sodium Molybdate, Sodium Selenate, Potassium Iodide, Phylloquinone, Cyanocobalamin, and Vitamin D3.

Allergens: Contains milk and soy ingredients.

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2 of 5



Availability

List Number	Item
50904	Glucerna 1.2 Cal Vanilla / 8-fl-oz (237-mL) can / 24 ct
62675	Glucerna 1.2 Cal Ready-To-Hang / 1500-mL (1.6-QT) prefilled container / 6 ct
62677	Glucerna 1.2 Cal Ready-To-Hang / 1000-mL (1.1-QT) prefilled container / 8 ct

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Nutrition Information - Liquid Unflavored

	1000 mL (1.1 QT)	
	Value	%RDI* / %DV
Calories	1200	
Protein, g	60.0	
Fat, g	60.0	
Carbohydrate, g	114.5	
Dietary Fiber, g	16.1 [‡]	
Water, g	805	
Taurine, mg	135	
L-Carnitine, mg	175	
m-Inositol, mg	845	
Vitamin A, IU	7730 [§]	155
Vitamin D, IU	345	86
Vitamin E, IU	39	130
Vitamin K, mcg	100	125
Vitamin C, mg	260	435
Folic Acid, mcg	320	80
Vitamin B1, mg	1.2	80
Vitamin B2, mg	1.4	82
Vitamin B6, mg	1.6	80
Vitamin B12, mcg	4.8	80
Niacin, mg	16	80
Choline, mg	440	Not established
Biotin, mcg	240	80
Pantothenic Acid, mg	8.0	80
Beta-Carotene, mg	2.7	Not established
Sodium, mg	1110	Not established
Potassium, mg	2020	Not established
Chloride, mg	1280	38
Calcium, mg	800	80
Phosphorus, mg	800	80
Magnesium, mg	320	80
Iodine, mcg	120	80
Manganese, mg	1.6	80
Copper, mg	1.6	80
Zinc, mg	12	80
Iron, mg	15	83
Selenium, mcg	56	80
Chromium, mcg	160	135
Molybdenum, mcg	76	100

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Liquid Unflavored Footnotes & References

Per 1000 mL (1.1 QT)

*RDI percentages for adults and children 4 or more years of age.

†Choose your foods. Food list for diabetes. The Academy of Nutrition and Dietetics and American Diabetes Association, 2014.

‡6.1 g of total dietary fiber from soy, oat and corn fibers; 10.0 g of short-chain fructooligosaccharides.

§3570 IU/L of vitamin A activity supplied by 2.7 mg of beta-carotene.

Preparation

Instructions for Use: 8-fl-oz can

- 1 Store unopened at room temperature; avoid extreme temperatures.
- 1 Shake well.
- 1 Clean top of container thoroughly before opening.
- 1 Once opened, cover, refrigerate and **use within 48 hours**.

Oral Feeding

- 1 May be used for total or supplemental nutrition.
- 1 May be fed at room temperature or chilled.

Tube Feeding

- 1 Follow physician's instructions.
- 1 Adjust flow rate and volume according to patient's condition and tolerance.
- 1 If pump feeding, use an 8 Fr or larger tube.
- 1 If gravity feeding, use a 10 Fr or larger tube.
- 1 Additional fluid requirements should be met by giving water between or after feedings, or when flushing the tube.
- 1 Avoid contamination during preparation and use.

Instructions for Use: Ready-To-Hang Container

All liquid medical foods, regardless of type of administration system, require careful handling because they can support microbial growth. Follow these instructions for clean technique and proper setup to reduce the potential for microbial contamination. NOTE: Failure to follow the **Instructions for Use** increases the potential for microbial contamination and reduces hangtime.

- 1 Pump feeding is recommended; use an 8 Fr or larger tube. If gravity feeding use a 10 Fr or larger tube.
- 1 Administer product at room temperature.
- 1 THOROUGHLY wash hands with soap and water before handling container or feeding set.
- 1 Turn container upside down and SHAKE VIGOROUSLY, using a twisting motion for at least 10 seconds.
- 1 DO NOT touch any part of the container or feeding set that comes into contact with the formula.
- 1 When initiating feeding, follow physician's instructions. Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- 1 Always follow directions for use provided with feeding set.

For Use with Enteral Feeding Set:

- 1 Remove the dust cover from the Abbott RTH Safety Screw Cap.
- 1 Remove the dust cover from the safety connector on the feeding set.
- 1 Insert the safety connector into the port on the Abbott RTH Safety Screw Cap, completely pierce foil.
- 1 Turn the safety connector clockwise until it is securely fastened.
- 1 Close clamp on set before inverting container.
- 1 Invert container and suspend, using the hanging ring on the bottom of the container.
- 1 Unless a shorter hang time is specified by the set manufacturer, hang product for up to 48 hours after initial connection when clean technique and only one new set are used. Otherwise hang for no more than 24 hours.