

Product Category:
Nepro®

Nepro® with Carb Steady®

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

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Nepro® with Carb Steady®

Therapeutic Nutrition for People on Dialysis

- 1 NEPRO WITH CARBSTEADY® is therapeutic nutrition specifically designed to help meet the nutritional needs of patients on dialysis (Stage 5 chronic kidney disease).
- 1 For tube or oral feeding.
- 1 For supplemental or sole-source nutrition.
- 1 Use under medical supervision.
- 1 In a study of NEPRO as supplemental nutrition¹, patients on dialysis had increased serum albumin, increased serum prealbumin and improved nutritional status (as signified by subjective global assessment).
- 1 Has CARBSTEADY carbohydrate blend designed to help manage blood glucose response.
- 1 Excellent source of high-quality protein (19.1 g /8 fl oz) to help meet nutritional needs and replace protein lost during dialysis.
- 1 Vitamin and mineral profile designed for people on dialysis.
- 1 High in calories—1.8 Cal/mL.
- 1 Low in phosphorus, potassium, and sodium.
- 1 A good source of fiber, including prebiotics.
- 1 Halal (certain flavors).
- 1 Kosher.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for people with galactosemia.
- 1 Not for IV use.
- 1 **Feeding sets are for single-patient use only. Use clean technique to avoid set and/or product contamination.**

¹ Caglar K, et al. *Kidney Int* 2002;62(3):1054-1059.

Ingredients

Liquid Homemade Vanilla:

Water, Corn Syrup Solids, Caseinates (Calcium, Magnesium, Sodium), High Oleic Safflower Oil, Canola Oil, Milk Protein Isolate, Sugar, Corn Maltodextrin, Glycerine, Short-Chain Fructooligosaccharides. Less than 1.0% of: Soy Lecithin, Natural & Artificial Flavor, Calcium Citrate, Sodium Citrate, Potassium Citrate, Choline Chloride, Salt, Ascorbic Acid, L-Carnitine, Taurine, Zinc Sulfate, d-Alpha-Tocopheryl Acetate, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Pyridoxine Hydrochloride, Manganese Sulfate, Cupric Sulfate, Thiamine Chloride Hydrochloride, Riboflavin, Vitamin A Palmitate, Magnesium Phosphate, Folic Acid, Chromium Chloride, Biotin, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Phylloquinone, Cyanocobalamin, and Vitamin D3.

Allergens: Contains milk and soy ingredients.

Availability

| List Number | Item |
|-------------|--|
| 62090 | Nepro with Carb Steady Butter Pecan / 8-fl-oz (237-mL) can / 24 ct |
| 62092 | Nepro with Carb Steady Mixed Berry / 8-fl-oz (237-mL) can / 24 ct |
| 62094 | Nepro with Carb Steady Homemade Vanilla / 8-fl-oz (237-mL) can / 24 ct |
| 62585 | Nepro with Carb Steady Homemade Vanilla / 8-fl-oz (237-mL) bottle / 24 ct |
| 62669 | Nepro with Carb Steady Ready-to-Hang Vanilla / 1000-mL (1.1-QT) prefilled container / 8 ct |
| 63176 | Nepro with Carb Steady Homemade Vanilla / 8-fl-oz (237-mL) bottle / 4 x 4 ct |

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Abbott Nutrition Abbott Laboratories
Columbus, OH 43219-3034
1-800-227-5767



Nutrition Information - Liquid Homemade Vanilla

| | 8 fl oz (237 mL) | | 1.1 QT (1 L) | |
|---|--|-------------|--|-------------|
| | Value | %RDI* / %DV | Value | %RDI* / %DV |
| Nutrient Density, Cal/mL | 1.8 | | 1.8 | |
| Calories per fl oz | 53.1 | | 53.1 | |
| Protein, % Cal | 18 | | 18 | |
| Carbohydrate, % Cal | 34 | | 34 | |
| Fat, % Cal | 48 | | 48 | |
| Cal to Meet 100% RDIs | 1700 | | 1700 | |
| mL to Meet 100% RDIs | 944 | | 944 | |
| Total Cal:g Nitrogen | 139:1 | | 139:1 | |
| Nonprotein Cal:g Nitrogen | 121:1 | | 121:1 | |
| Osmolality, mOsm/kg H2O | 745 | | 745 | |
| Viscosity | Nectar-Like (Room Temperature and Chilled) | | Nectar-Like (Room Temperature and Chilled) | |
| Minimum Tube Size for Gravity/Pump Feeding (Fr) | Not Recommended/8 | | Not Recommended/8 | |
| Protein, g | 19.1 | | 81.0 | |
| Fat, g | 22.7 | | 96.0 | |
| Saturated Fat, g | 2.0 | | 8.4 | |
| Trans Fat, g | 0.0 | | 0 | |
| Polyunsaturated Fat, g | 4.1 | | 17.3 | |
| Monounsaturated Fat, g | 16 | | 67.5 | |
| Cholesterol, mg | 6.5 | | 27.4 | |
| Carbohydrate, g | 37.9 | | 161 | |
| Dietary Fiber, g | 3.0 | | 12.6 | |
| Sugars, g | 8.4 | | 36 | |
| Glycerine, g | 2.6 | | 11 | |
| L-Carnitine, mg | 63 | | 265 | |
| Taurine, mg | 38 | | 160 | |
| Water, g | 172 | | 727 | |
| Calories | 425 | | 1800 | |
| Vitamin A, IU | 750 | 15 | 3180 | 64 |
| Vitamin D, IU | 20 | 5 | 85 | 21 |
| Vitamin E, IU | 23 | 77 | 95 | 315 |
| Vitamin K, mcg | 20 | 25 | 85 | 105 |
| Vitamin C, mg | 25 | 42 | 105 | 175 |
| Folic Acid, mcg | 250 | 63 | 1060 | 265 |
| Thiamin (Vitamin B1), mg | 0.56 | 37 | 2.4 | 160 |
| Riboflavin (Vitamin B2), mg | 0.64 | 38 | 2.7 | 160 |
| Vitamin B6, mg | 2.0 | 100 | 8.5 | 425 |
| Vitamin B12, mcg | 2.3 | 38 | 9.5 | 160 |

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|----------------------|------------------|-----------------|--------------|-----------------|
| | Value | %RDI* / %DV | Value | %RDI* / %DV |
| Niacin, mg | 7.5 | 38 | 32 | 160 |
| Choline, mg | 150 | Not established | 635 | Not established |
| Biotin, mcg | 120 | 38 | 506 | 170 |
| Pantothenic Acid, mg | 3.8 | 38 | 16 | 160 |
| Sodium, mg | 250 | Not established | 1060 | Not established |
| Potassium, mg | 250 | Not established | 1060 | Not established |
| Chloride, mg | 200 | 6 | 845 | 25 |
| Calcium, mg | 250 | 25 | 1060 | 105 |
| Phosphorus, mg | 170 | 17 | 720 | 72 |
| Magnesium, mg | 50 | 13 | 210 | 53 |
| Iodine, mcg | 38 | 25 | 160 | 105 |
| Manganese, mg | 0.50 | 25 | 2.1 | 105 |
| Copper, mg | 0.50 | 25 | 2.1 | 105 |
| Zinc, mg | 6.4 | 43 | 27 | 180 |
| Iron, mg | 4.5 | 25 | 19 | 105 |
| Selenium, mcg | 18 | 26 | 74 | 105 |
| Chromium, mcg | 30 | 25 | 125 | 105 |
| Molybdenum, mcg | 19 | 25 | 79 | 105 |

Liquid Homemade Vanilla Footnotes & References

Per 8 fl oz (237 mL)

*RDI percentages for adults and children 4 or more years of age.

Per 1.1 QT (1 L)

*RDI percentages for adults and children 4 or more years of age.

Preparation

Instructions for Use: Ready-To-Hang Container

All liquid medical foods, regardless of type of administration system, require careful handling because they can support microbial growth. Follow these instructions for clean technique and proper setup to reduce the potential for microbial contamination. NOTE: Failure to follow the

Instructions for Use increases the potential for microbial contamination and reduces hangtime.

- 1 Pump feeding is recommended; use an 8 Fr or larger tube. Gravity feeding not recommended.
- 1 Administer product at room temperature.
- 1 THOROUGHLY wash hands with soap and water before handling container or feeding set.
- 1 Turn container upside down and SHAKE VIGOROUSLY, using a twisting motion for at least 10 seconds.
- 1 DO NOT touch any part of the container or feeding set that comes into contact with the formula.
- 1 When initiating feeding, follow physician's instructions. Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- 1 Follow Directions for Use provided with feeding set.

For Use with Enteral Feeding Pumps:

- 1 Remove dust cover from RTH Safety Screw Cap.
- 1 Remove dust cover from feeding set connector.
- 1 Insert feeding set connector into port of RTH Safety Screw Cap and completely pierce foil.
- 1 Turn connector collar clockwise until it is securely fastened.
- 1 Close clamp on set before inverting container.
- 1 Invert container and suspend, using hanging ring on bottom of container.
- 1 Follow directions for use provided by manufacturer of feeding sets.
- 1 Unless a shorter hang time is specified by the set manufacturer, hang product for up to 48 hours after initial connection when clean technique and only one new set are used. Otherwise hang for no more than 24 hours.

Instructions for Use: 8-fl-oz bottle or can

- 1 Store unopened at room temperature; avoid extreme temperatures.
- 1 Shake well.
- 1 Clean top of can thoroughly before opening.
- 1 Once opened, cover, refrigerate and **use within 48 hours**.

Oral Feeding:

- 1 May be used for total or supplemental nutrition.
- 1 May be fed at room temperature or chilled.

Tube Feeding:

- 1 Follow your healthcare professional's recommendations for tube feeding.
- 1 Pump feed at room temperature with an 8 Fr or larger tube; gravity feeding not recommended.
- 1 When used as a sole source of nutrition, additional water may be required and can be met by giving water between or after feedings or when flushing the tube.
- 1 Avoid contamination during preparation and use.