



Pulmocare® is THE RIGHT NUTRITION...

- Pulmocare is clinically shown to improve measures of lung function, suggesting overall improvement in ventilatory status.

↑ Improves	↓ Lowers
<ul style="list-style-type: none"> • FVC⁸ and FEV₁^{7,8} • PaO₂⁷ 	<ul style="list-style-type: none"> • Minute ventilation⁷ • CO₂ production^{7,8} • PaCO₂⁸ • RQ^{7,8}

- When intentionally overfeeding to induce weight gain, use of a low-carbohydrate formula may be beneficial to limit potential adverse ventilatory effects.¹⁵

PULMOCARE CAN BE A QUICK MEAL... OR A CONVENIENT SNACK.

Order Pulmocare in strawberry and vanilla flavors through your home health care professional, at retail outlets or through Ross Home Delivery at **(800) 986-8502**.

Use under medical supervision.



Clearing the Air on
COPD and NUTRITION

Pulmocare®

References:

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Malnutrition and COPD: A LIFE-THREATENING COMBINATION

- Up to 65% of patients with COPD are malnourished.¹
- Malnutrition weakens respiratory muscles, increases the body's vulnerability to pulmonary infections and decreases bacterial clearance from the lungs.²⁻⁴
- Preventing malnutrition is less expensive than treating it.⁵

The Benefits of SUPPLEMENTAL NUTRITION

- Improved respiratory function and general well-being in malnourished COPD patients⁶
 - Improved respiratory and accessory muscle strength, endurance and overall efforts⁷
 - Low carbohydrate formulas have been shown to improve glycemic control⁸



Pulmocare® is SPECIALIZED NUTRITION FOR COPD PATIENTS

COPD Patients Have Special Nutritional Needs	Pulmocare is Designed for the Needs of COPD Patients
<ul style="list-style-type: none"> • Reduced carbohydrates to minimize diet induced CO₂ production and help improve glycemic control⁹⁻¹¹ 	<ul style="list-style-type: none"> • Low carbohydrate formula clinically demonstrated to lower RQ and blood glucose⁸
<ul style="list-style-type: none"> • Calorically dense nutrition to address volume restriction and complaints of early satiety¹² 	<ul style="list-style-type: none"> • High calorie formula (1.5 Cal/mL)
<ul style="list-style-type: none"> • Increased protein to help retain lean body mass^{11,13} 	<ul style="list-style-type: none"> • Excellent source of protein
<ul style="list-style-type: none"> • Calcium and vitamin D for supporting bone health in patients on steroids^{11,12} 	<ul style="list-style-type: none"> • Excellent source of calcium and vitamin D
<ul style="list-style-type: none"> • Enhanced antioxidants to support the immune system^{11,12,14} 	<ul style="list-style-type: none"> • Increased levels of beta-carotene, vitamins A & C

Each 8 fl oz Serving of PULMOCARE CONTAINS:

- 355 Calories
- 14.8 g protein
- 25.0 g carbohydrate
- 22.1 g fat
- 250 mg calcium
- 100 IU vitamin D

