Product Information: Similac® Soy Isomil®

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Abbott Nutrition Abbott Laboratories
Columbus, OH 43219-3034
1-800-227-5767

Similac® Soy Isomil®

Infant Formula with Iron

- SIMILAC SOY ISOMIL is a 20 Cal/fl oz, nutritionally complete, soy-based infant formula for infants with feeding problems such as fussiness and gas, and for infants whose parents choose a milk-free formula as a first feeding or as a supplement to breastfeeding. Plant protein-based nutritional formula for infants of vegetarian families.
- A lactose-free feeding for infants with disorders for which lactose should be avoided, including lactase deficiency, lactose intolerance, and galactosemia.
- Easy-to-digest gentle soy nutrition.
- OptiGRO® is our exclusive blend of DHA, lutein and vitamin E: these important ingredients are found in breast milk.
  - DHA for brain and eye development.
  - Lutein to support eye health.
  - Vitamin E; an important nutrient found in breast milk to support developing cells.
- Our exclusive formula has:
  - Calcium for strong bones - no palm olein oil.
  - Nucleotides to help support the immune system.*
  - Prebiotics to help promote digestive health.
  - Carotenoids like those naturally found in breast milk.
- The first and only soy formula clinically shown to help support the developing immune system,[1,2] similar to infants fed human milk/milk-based formula.†[,3,4]
- Clinically shown to reduce fussiness, gas in infants experiencing general intolerance on cow's milk formula.[4]
- Clinically shown to help with dietary management of infants with diarrhea.[3]
- Excellent growth during baby's first year.[5]
- Soy protein isolate to help manage IgE-mediated cow's-milk-protein allergy or sensitivity.
- A unique blend of carbohydrates using two different absorptive pathways to help maximize absorption and minimize malabsorption risks.
- Low osmolality (200 mOsm/kg water).
- Gluten-free.
- Kosher made on dairy equipment.
- Halal.

Safety Precautions

- **Never use a microwave oven to warm formula.** Serious burns can result.
- Powdered infant formulas are not sterile and should not be fed to premature infants or infants who might have immune problems unless directed and supervised by your baby's doctor.
- Soy formulas are not recommended for premature infants with birth weights less than 1800 g.

** Soy protein isolate is an inherent source of nucleotides.*

† Exclusively breastfed for at least 2 months and weaned to milk-based formula without added nucleotides.

[1] Ostrom KM, et al. J Ped Gastroenterol Nutr. 2002;34:137-144.

[2] Cordle CT, et al. J Ped Gastroenterol Nutr. 2002;34:145-153.

[3] Naidoo BT, et al. J Intern Med Res. 1981;9:232-235.

[4] Lasekan JB & Baggs GM, Clin Pediatr 2021;60(3):184-192.

[5] Lasekan JB, et al. Clin Pediatr. 1999;38:563-571.

Ingredients

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Powder Unflavored:

Corn Syrup Solids (39%), Soy Protein Isolate (15%), High Oleic Safflower Oil (11%), Sugar (10%), Soy Oil (8%), Coconut Oil (8%). Less than 2% of: Schizochytrium Sp. Oil*, M. Alpina Oil†, Beta-Carotene, Lutein, Short-chain Fructooligosaccharides, Calcium Phosphate, Potassium Citrate, Potassium Chloride, Salt, Magnesium Chloride, L-Methionine, Ascorbic Acid, Inositol, Choline Chloride, Potassium Hydroxide, Taurine, Ascorbyl Palmitate, Ferrous Sulfate, Zinc Sulfate, Mixed Tocopherols, L-Carnitine, Niacinamide, d-Alpha-Tocopheryl Acetate, Calcium Pantothenate, Copper Sulfate, Thiamine Hydrochloride, Vitamin A Palmitate, Riboflavin, Pyridoxine Hydrochloride, Folic Acid, Potassium Iodide, Phylloquinone, Biotin, Sodium Selenate, Vitamin D3, and Vitamin B12.

* Source of DHA.

† Source of ARA.

Allergens: Contains soy ingredients.

Availability

List Number	Item
55963	Similac Soy Isomil Powder / 12.4 oz (352 g) Can / 6 ct
55967	Similac Soy Isomil Ready to Feed / 32 fl oz (946 mL) Bottle / 6 ct
56975	Similac Soy Isomil Concentrated Liquid / 13 fl oz can (384 mL) / 12 ct
67012	Similac Soy Isomil Ready to Feed / 32 fl oz (946 mL) Bottle / 4 ct
67391	Similac Soy Isomil Ready to Feed / 2 fl oz (59 mL) Bottle / 12 x 4 ct
67699	Similac Soy Isomil Powder / 30.8 oz (873 g) Can / 4 ct

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Nutrition Information - Powder Unflavored

	100 Cal (5 fl oz, prepared as directed)		1000 mL (1.1 QT, prepared as directed)	
	Value	%RDI / %DV	Value	%RDI / %DV
Calories	100		676	
Volume, mL	148		1000	
Protein, g	2.45		16.55	
Fat, g	5.46		36.89	
Carbohydrate, g	10.4		70.27	
Water, g	133		899	
Linoleic Acid, mg	1000		6757	
Vitamin A, IU	300		2027	
Vitamin D, IU	60		405	
Vitamin E, IU	1.5		10.1	
Vitamin K, mcg	11		74.3	
Thiamin (Vitamin B1), mcg	60		405	
Riboflavin (Vitamin B2), mcg	90		608	
Vitamin B6, mcg	60		405	
Vitamin B12, mcg	0.45		3.04	
Niacin, mcg	1350		9122	
Folic Acid (Folacin), mcg	15		101.4	
Pantothenic Acid, mcg	750		5068	
Biotin, mcg	4.5		30.4	
Vitamin C (Ascorbic Acid), mg	9		60.8	
Choline, mg	24		162.2	
Inositol, mg	24		162.2	
Calcium, mg	105		709	
Calcium, mEq	5.2		35.4	
Phosphorus, mg	75		507	
Magnesium, mg	7.5		50.7	
Iron, mg	1.8		12.16	
Zinc, mg	0.75		5.07	
Manganese, mcg	25		168.9	
Copper, mcg	75		507	
Iodine, mcg	15		101	
Selenium, mcg	2		14	
Sodium, mg	44		297	
Sodium, mEq	1.9		12.8	
Potassium, mg	108		730	
Potassium, mEq	2.77		18.9	
Chloride, mg	62		419	
Chloride, mEq	1.75		12.2	

For more information, contact your Abbott Nutrition Representative or visit
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Preparation

INSTRUCTIONS FOR USE:

Your baby's health depends on carefully following these directions. Proper hygiene, handling and storage are important when preparing infant formula. Failure to follow these directions could result in severe harm. Ask your baby's doctor if you need to use cooled, boiled water for mixing and if you need to boil (sterilize) bottles, nipples and rings before use.

Powder

- Wash your hands, surfaces and utensils.
- Pour water into clean bottle.
- Add 1 unpacked level scoop (8.8 g) to each 2 fl oz of water.
- Return dry scoop to can.
- Cap bottle; shake well; attach nipple.
- **Once feeding begins, use within 1 hour or discard.**

Ready to Feed

2 fl oz bottle

- Do not use if breakaway ring is missing or broken.
- Do not add water.
- Shake very well.
- Twist off cap, twist on nipple and ring
- Use clean hands to attach clean, single-use nipple and ring. Use sterile nipple and ring if directed.
- **Once oral feeding begins, use within 1 hour or discard.**

32 fl oz bottle

- Do not add water.
- Do not use if band around cap or inner foil seal is damaged.
- Shake very well before each use.
- Remove protective band, twist off and clean cap.
- Invert cap; press down to pierce foil, then turn cap a half turn. Remove foil.
- Pour formula into bottle; attach clean nipple.
- Once feeding begins, use within 1 hour or discard.
- Prepare and feed all formula from the 32 fl oz container within 3 days after opening.

Concentrated Liquid

- Rinse can lid; shake very well; open with a clean punch-type opener.
- Pour equal amounts of formula and water into bottle.
- Attach nipple; swirl gently to mix.
- Once feeding begins, use within 1 hour or discard.

STORAGE AND HANDLING

Powder

- Once mixed, store bottles in refrigerator and **feed to baby within 24 hours.**
- Store unopened or opened container at room temperature; avoid extreme temperatures.
- Use opened container contents **within 1 month.**
- Do not reuse container.

Ready to Feed

2 fl oz bottle

- Avoid prolonged exposure of bottles to light.
- Store unopened at room temperature; avoid extreme temperatures.

32 fl oz bottle

- Once opened, store quart bottle in refrigerator.
- Store prepared bottles in refrigerator and **feed to baby within 48 hours**.
- Store unopened containers at room temperature; avoid extreme temperatures.
- Do not reuse container.

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Concentrated Liquid

- Cover opened cans and prepared formula not used immediately.
- Store in refrigerator and **feed to baby within 48 hours.**
- Store unopened cans at room temperature; avoid extreme temperatures.

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