

PEDIASURE® PLUS

Sole-source nutrition

For children 1 to 13 years of age



INDICATIONS FOR USE

- For children:
 - with fluid restrictions or volume sensitivity;
 - who may benefit from dietary fibre;
 - requiring short- or long-term tube feeding;
 - with increased nutrient needs;
 - with or at risk for malnutrition;
 - with failure to thrive.
- For oral or tube feeding use.
- Can be used as a supplement or as a sole source of nutrition.

Safety precautions:

- Not for parenteral use.
- Not for children with galactosemia.
- For children under 1 year of age, consult a physician or qualified health care professional prior to using PediaSure® Plus.

FEATURES AND BENEFITS

- Increased nutrient density provides more calories in less volume: 118 more calories per serving than PediaSure®.
- Provides 2.6 g of dietary fibre per 235-mL.
- Contains 0.82 g of short-chain fructooligosaccharides (scFOS) per 235-mL serving.
- Fortified with taurine and carnitine to help prevent deficiencies associated with long-term tube feeding.¹⁻³
- 19.6% of fat as medium-chain triglycerides, an easily digested and well-absorbed fat source.⁴
- Provides 27 vitamins and minerals.

TECHNICAL DATA

	Ready to use
Caloric density (Cal/mL)	1.5
Protein (% of total energy)	11.0
Fat (% of total energy)	43.3
Carbohydrate (% of total energy)	45.7
Total Cal:g nitrogen ratio	232:1
Non-protein Cal:g nitrogen ratio	207:1
Water (g/L)	778
Osmolality (mOsm/kg water)	387
Renal solute load (mOsm/L)	348
Viscosity at room temperature/ chilled	Thin/thin
Minimum tube size for gravity/ pump feeding (Fr)	10/8
Low residue	Yes
Gluten-free	Yes
Kosher	Yes
Halal	Yes

AVAILABILITY

Ready to use

62244570 PediaSure® Plus, Vanilla 235-mL cans 12/case

REFERENCES:

1. Feller AG et al. Subnormal concentrations of serum selenium and plasma carnitine in chronically tube-fed patients. *Am J Clin Nutr* 1987;45:476-83. 2. Fischer MH et al. Improved selenium carnitine and taurine status in an enterally fed population. *JPEN* 1990;14:270-4. 3. Bourdet B et al. Plasma Free Carnitine Depletion in Polytrauma Patients. *J Nutr Health Aging* 2010;14(3):253. 4. Duggan C, Watkins JB, Walker WA. Nutrition in Pediatrics: Standard and Specialized Enteral Formulas. BC Decker Inc. Hamilton. 2008.

ENERGY

	Per 100 mL	Per 235 mL
ENERGY (Cal [kJ])	150 (628)	353 (1476)
PROTEIN (g)	4.20	9.9
% of total energy		11.0
Arginine (mg)	129	303
Cystine (mg)	29	68
Histidine (mg)	103	242
Isoleucine (mg)	214	503
Leucine (mg)	394	926
Lysine (mg)	314	738
Methionine (mg)	104	244
Phenylalanine (mg)	194	456
Tryptophan (mg)	54	127
Threonine (mg)	196	461
Valine (mg)	257	604
Taurine (mg)	10.8	25.4
Carnitine (mg)	2.6	6.1
Source	Sodium and calcium caseinates, whey protein concentrate	
FAT (g)	7.47	17.55
% of total energy		43.3
Polyunsaturated fatty acids (g)	1.750	4.113
Linoleic acid (g)	1.20	2.82
Arachidonic acid (ARA) (g)	-	-
Linolenic acid (g)	0.13	0.31
Docosahexaenoic acid (DHA) (g)	-	-
Omega-6:Omega-3 ratio		11:1
Monounsaturated fatty acids (g)	3.205	7.532
Saturated fatty acids (g)	2.120	4.982
Cholesterol (mg)	4.0	9.4
Source	High oleic safflower oil, soy oil, MCT oil	
MCT oil (% of total fats)		19.6
CARBOHYDRATE (g)	17.7	41.6
% of total energy		45.7
Total dietary fibre (g)	0.75	1.8
Short-chain fructooligosaccharides (scFOS) [†] (g)	0.35	0.82
Galactooligosaccharides (GOS) (g)	-	-
Source	Corn maltodextrin, sucrose, scFOS, uncontaminated modified oat hulls, soy cotyledon fibre, gum arabic, carboxymethylcellulose	
Acesulfame-potassium (mg)	-	-
Sucralose (mg)	-	-

VITAMINS

Vitamin A (RE [IU])	99 (330)	233 (776)
Vitamin D ₃ (mcg [IU])	1.13 (45)	2.65 (106)
Vitamin E (IU)	2.3	5.4
Vitamin K ₁ (mg)	0.0059	0.0139
Vitamin C (mg)	10.2	24.0
Thiamine (mg)	0.27	0.63
Riboflavin (mg)	0.21	0.49
Niacin (mg)	1.70	4.00
Vitamin B ₆ (mg)	0.26	0.61
Folic acid (mg)	0.037	0.087
Vitamin B ₁₂ (mg)	0.0008	0.0019
Pantothenic acid (mg)	1.0	2.4
Biotin (mg)	0.032	0.075
Choline (mg)	30	71
Inositol (mg)	12.0	28.2

MINERALS

Sodium (mg [mmol])	65 (2.83)	153 (6.65)
Potassium (mg [mmol])	180 (4.62)	423 (10.85)
Chloride (mg [mmol])	122 (3.44)	287 (8.10)
Calcium (mg)	90	212
Phosphorus (mg)	80	188
Magnesium (mg)	24.4	57.3
Iron (mg)	1.4	3.3
Zinc (mg)	1.4	3.3
Iodine (mg)	0.0097	0.0228
Copper (mg)	0.17	0.40
Manganese (mg)	0.10	0.24
Selenium (mg)	0.0023	0.0054
Chromium (mg)	0.0030	0.0071
Molybdenum (mg)	0.0036	0.0085

INGREDIENTS

PediaSure® Plus, Vanilla:

Water, corn maltodextrin, high oleic safflower oil, sodium caseinate, soy oil, sucrose, modified coconut and/or palm kernel oils (medium chain triglycerides), calcium caseinate, whey protein concentrate, potassium citrate, short chain fructooligosaccharides, uncontaminated modified oat hulls, soy cotyledon fibre, natural and artificial flavours, calcium phosphate, magnesium chloride, gum arabic, potassium phosphate, monoglycerides, soy lecithin, sodium carboxymethyl cellulose, sodium citrate, choline chloride, sodium chloride, ascorbic acid, taurine, m-inositol, potassium chloride, ferrous sulphate, zinc sulphate, niacinamide, L-carnitine, dl-alpha-tocopheryl acetate, calcium d-pantothenate, cupric sulphate, citric acid, thiamine hydrochloride, pyridoxine hydrochloride, riboflavin, manganese sulphate, vitamin A palmitate, folic acid, biotin, potassium iodide, chromium chloride, sodium molybdate, phyloquinone, sodium selenate, vitamin D₃, cyanocobalamin. May contain: potassium hydroxide.

Contains: Milk, soy.

Ingredients associated with food intolerances and/or sensitivities: Corn, coconut oil, natural and artificial flavour, lactose, other soy components.

Values listed are subject to change. Please refer to the product label or packaging for the most current ingredient, allergen and nutrient profile information.

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