



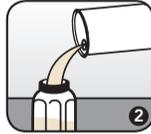
FORMULA PREPARATION INSTRUCTIONS

Your baby's health depends on carefully following these directions. Wash hands thoroughly with soap and water. Proper hygiene, preparation, mixing and storage are important when using infant formula. Use as directed by your health care professional.



WARNING:

Never use a microwave oven to warm formula; serious burns can result. Test temperature before feeding to avoid scalding baby's mouth.

Powder	Concentrate	Ready to Use																												
<p>Powder infant formulas are not sterile and should not be fed to premature babies or babies who might have immune system problems unless directed by your health care professional.</p>	<p>Must add equal amounts of water (boiled and cooled to room temperature) and concentrated liquid formula.</p>	<p>Do not add water.</p>																												
ADD WATER	ADD WATER	DO NOT ADD WATER																												
<p>1. Place washed bottles, nipples, rings, caps, and all preparation equipment in boiling water and keep at a rolling boil for 2 minutes. In another pot, boil water at a rolling boil for 2 minutes. Cool to room temperature prior to mixing.</p> 	<p>1. Place washed bottles, nipples, rings, caps and all preparation equipment in boiling water and keep at a rolling boil for 2 minutes. In another pot, boil water at a rolling boil for 2 minutes. Cool to room temperature prior to mixing.</p> 	<p>59-mL plastic bottles:</p> <p>1. Place washed nipple, ring and cap in boiling water and keep at a rolling boil for 2 minutes.</p> 																												
<p>2. Pour desired amount of boiled, cooled water into bottle.</p> 	<p>2. Clean top of can. Shake well before opening. Pour equal amounts of concentrated liquid formula and boiled, cooled water into bottle.</p> 	<p>2. SHAKE BOTTLE WELL before opening and twist-off cap.</p> 																												
<p>3. Using enclosed scoop, add 1 unpacked level scoop of powder to each 60 mL of water. Return dry scoop to container.</p> 	<table border="1"> <thead> <tr> <th colspan="3">MIXING GUIDE</th> </tr> <tr> <th>Boiled, cooled water</th> <th>+</th> <th>concentrated liquid</th> <th>=</th> <th>Feeding Amount</th> </tr> </thead> <tbody> <tr> <td>30 mL</td> <td></td> <td>30 mL</td> <td></td> <td>60 mL</td> </tr> <tr> <td>60 mL</td> <td></td> <td>60 mL</td> <td></td> <td>120 mL</td> </tr> <tr> <td>90 mL</td> <td></td> <td>90 mL</td> <td></td> <td>180 mL</td> </tr> <tr> <td>120 mL</td> <td></td> <td>120 mL</td> <td></td> <td>240 mL</td> </tr> </tbody> </table>	MIXING GUIDE			Boiled, cooled water	+	concentrated liquid	=	Feeding Amount	30 mL		30 mL		60 mL	60 mL		60 mL		120 mL	90 mL		90 mL		180 mL	120 mL		120 mL		240 mL	<p>3. Attach nipple.</p> 
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<p>4. Cap bottle; shake well; attach nipple</p> 		<p>2. Clean top of can. Shake well before opening. Pour formula into bottle; attach nipple.</p> 																												
<p>Once mixed, refrigerate bottles immediately; use within 24 hours. Once feeding begins, use within 1 hour or discard.</p>	<p>Cover prepared bottles and opened cans and refrigerate immediately; use within 48 hours. Once feeding begins, use within 1 hour or discard.</p>	<p>Cover prepared bottles and opened cans and refrigerate immediately; use within 48 hours. Once feeding begins, use within 1 hour or discard.</p>																												

Refer to label for complete preparation instructions.

For more information, please visit similac.ca or call our Similac® FeedingExpert line at 1-855-370-7878. Preparation instructions are available in 14 different languages.