Your baby's health depends on carefully following these directions. Wash hands thoroughly with soap and water. Proper hygiene, preparation, mixing and storage are important when using infant formula. Use as directed by your health care professional.

**WARNING:**
Never use a microwave oven to warm formula; serious burns can result. Test temperature before feeding to avoid scalding baby's mouth.

### Powder Infant Formulas

- **Must add equal amounts of water** (boiled and cooled to room temperature) and concentrated liquid formula.

#### ADD WATER

1. Place washed bottles, nipples, rings, caps, and all preparation equipment in boiling water and keep at a rolling boil for 2 minutes. In another pot, boil water at a rolling boil for 2 minutes. Cool to room temperature prior to mixing.

2. Pour desired amount of boiled, cooled water into bottle.

3. Using enclosed scoop, add 1 unpacked level scoop of powder to each 60 mL of water. Return dry scoop to container.

4. Cap bottle; shake well; attach nipple.

Once mixed, refrigerate bottles immediately; use within 1 hour or discard.

### Concentrate

- **Do not add water.**

#### ADD WATER

1. Place washed bottles, nipples, rings, caps, and all preparation equipment in boiling water and keep at a rolling boil for 2 minutes. In another pot, boil water at a rolling boil for 2 minutes. Cool to room temperature prior to mixing.

2. Clean top of can. Shake well before opening. Pour equal amounts of concentrated liquid formula and boiled, cooled water into bottle.

3. Cap bottle; shake well; attach nipple.

Once mixed, refrigerate bottles immediately; use within 1 hour or discard.

### Ready to Use

- **Do not add water.**

#### DO NOT ADD WATER

59-mL plastic bottles:

1. Place washed nipple, ring and cap in boiling water and keep at a rolling boil for 2 minutes.

2. SHAKE BOTTLE WELL before opening and twist-off cap.

3. Attach nipple.

Cans:

1. Place washed bottles, nipples, rings, caps, and all preparation equipment in boiling water and keep at a rolling boil for 2 minutes.

2. Clean top of can. Shake well before opening. Pour formula into bottle; attach nipple.

Cover prepared bottles and opened cans and refrigerate immediately; use within 48 hours. Once feeding begins, use within 1 hour or discard.