

Product Information: Similac® Soy Isomil®

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Similac® Soy Isomil®

Soy Infant Formula with Iron

- Comfort your baby's fussiness and gas with Similac Soy Isomil — specially designed with the gentleness of soy to soothe the tummy.
- Complete nutrition for sensitive tummies.
- Soy for fussiness and gas.
- #1 formula for complete soy nutrition.

Safety Precautions

- Never use a microwave oven to warm mixture. Serious burns can result.
- **Warning:** Powdered infant formulas are not sterile and should not be fed to premature infants or infants who might have immune problems unless directed and supervised by your baby's doctor.



Ingredients

Unflavored Powder:

Corn Syrup Solids (39%), Soy Protein Isolate (15%), High Oleic Safflower Oil (11%), Sugar (10%), Soy Oil (8%), Coconut Oil (8%). Less than 2% of the Following: C. Cohnii Oil, M. Alpina Oil, Beta-Carotene, Lutein, Lycopene, Fructooligosaccharides, Calcium Phosphate, Potassium Citrate, Potassium Chloride, Magnesium Chloride, Salt, Ascorbic Acid, Choline Chloride, L-Methionine, Taurine, Ascorbyl Palmitate, Ferrous Sulfate, m-Inositol, Mixed Tocopherols, Zinc Sulfate, d-Alpha-Tocopheryl Acetate, L-Carnitine, Niacinamide, Calcium Pantothenate, Cupric Sulfate, Thiamine Chloride Hydrochloride, Vitamin A Palmitate, Riboflavin, Pyridoxine Hydrochloride, Folic Acid, Potassium Iodide, Potassium Hydroxide, Phylloquinone, Biotin, Sodium Selenate, Vitamin D3, and Cyanocobalamin.

Allergens: Contains soy ingredients.

Availability

List Number	Item
50819	Similac Soy Isomil Powder / 1.45-lb (658-g) SimplePac / Case of 6
50825	Similac Soy Isomil Powder / 2.13-lb (964-g) SimplePac / Case of 6
55963	Similac Soy Isomil Powder / 12.4-oz (352-g) Can / Case of 6
55967	Similac Soy Isomil Ready to Feed / 1-QT (946-mL) Bottle / Case of 6
56308	Similac Soy Isomil Ready to Feed Institutional / 2-fl-oz (59-mL) Bottle / Case of 48
56975	Similac Soy Isomil Concentrated Liquid / 13-fl-oz (384-mL) Can / Case of 12
56982	Similac Soy Isomil On-the-go Powder Singles / 0.62-oz (17.6-g) Packets / Case of 96
58292	Similac Soy Isomil Ready to Feed 6-Pack / 1-QT (946-mL) Bottle
58601	Similac Soy Isomil On-the-Go / 8-fl-oz (237-mL) Bottle / Case of 24

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Nutrition Information - Unflavored Powder

	100 Cal*	1000 mL*
	Value	Value
Protein, % Cal	10	10
Protein Source	Soy Protein Isolate, L-Methionine	Soy Protein Isolate, L-Methionine
Fat, % Cal	49	49
Fat Source	High Oleic Safflower, Soy and Coconut Oils (0.15% DHA, 0.40% ARA)	High Oleic Safflower, Soy and Coconut Oils (0.15% DHA, 0.40% ARA)
Fat Ratio	41:30:28	41:30:28
Carbohydrate, % Cal	41	41
Carbohydrate Source	Corn Syrup Solids, Sugar, Fructooligosaccharides (FOS)	Corn Syrup Solids, Sugar, Fructooligosaccharides (FOS)
Prebiotic	FOS	FOS
Carbohydrate Ratio	78:19:3	78:19:3
Osmolality, mOsm/kg H2O	200	200
Calories	100	676
Volume, mL	148	1000
Protein, g	2.45	16.57
Fat, g	5.46	36.93
Carbohydrate, g	10.4	70.3
Water, g	133	899
Linoleic Acid, mg	1000	6763
Potential Renal Solute Load, mOsm	22.8	154.5
Vitamin A, IU	300	2029
Vitamin D, IU	60	406
Vitamin E, IU	1.5	10.1
Vitamin K, mcg	11	74
Thiamin (Vitamin B1), mcg	60	406
Riboflavin (Vitamin B2), mcg	90	609
Vitamin B6, mcg	60	406
Vitamin B12, mcg	0.45	3.04
Niacin, mcg	1350	9130
Folic Acid (Folacin), mcg	15	101
Pantothenic Acid, mcg	750	5072
Biotin, mcg	4.5	30.4
Vitamin C (Ascorbic Acid), mg	9	61
Choline, mg	12	81
Inositol, mg	5	33.8
Calcium, mg	105	710
Calcium, mEq	5.2	35.4
Phosphorus, mg	75	507
Magnesium, mg	7.5	50.7

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Nutrition Information - Unflavored Powder

	100 Cal*	1000 mL*
	Value	Value
Iron, mg	1.8	12.2
Zinc, mg	0.75	5.07
Manganese, mcg	25	169
Copper, mcg	75	507
Iodine, mcg	15	101
Selenium, mcg	1.8	12.2
Sodium, mg	44	298
Sodium, mEq	1.9	12.9
Potassium, mg	108	730
Potassium, mEq	2.8	18.7
Chloride, mg	62	419
Chloride, mEq	1.8	11.8

Unflavored Powder Footnotes & References

Per 100 Cal*

*Nutrient values are applicable when prepared as directed.

Per 1000 mL*

*Nutrient values are applicable when prepared as directed.

Preparation

Powder Mixing Guide

Measure water	+	Add scoop(s) of <i>unpacked level powder</i> using enclosed scoop	=	Finished bottle (approx)
2 fl oz		1 scoop (8.8 g)		2 fl oz
4 fl oz		2 scoops		4 fl oz
6 fl oz		3 scoops		6 fl oz
8 fl oz		4 scoops		8 fl oz

Powder

Your baby's health depends on carefully following these directions. Proper hygiene, handling and storage are important when preparing infant formula. Failure to follow these directions could result in severe harm. Ask your baby's doctor if you need to use cooled, boiled water for mixing and if you need to boil (sterilize) bottles, nipples and rings before use.

0.62-oz powder packet

- Wash your hands, surfaces and utensils.
- Pour **4 fl oz** of water into clean bottle.
- Slowly add one powder single (17.6 g) to bottle.
- Cap bottle; shake very well; attach nipple and ring.
- Once feeding begins, **use within 1 hour or discard**.

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12.4-oz can & 1.45-LB and 2.12-LB SimplePac containers

- Wash your hands, surfaces and utensils.
- Pour water into clean bottle (see mixing guide).
- Add 1 unpacked level scoop (8.8 g) to each 2 fl oz of water.
- Return dry scoop to container.
- Cap bottle; shake well; attach nipple.
- Once feeding begins, **use within 1 hour or discard.**

Powder Mixing Guide

Measure water	+	Add scoop(s) of <i>unpacked level powder</i> using enclosed scoop	=	Finished bottle (approx)
2 fl oz		1 scoop (8.8 g)		2 fl oz
4 fl oz		2 scoops		4 fl oz
6 fl oz		3 scoops		6 fl oz
8 fl oz		4 scoops		8 fl oz

Concentrated Liquid

Your baby's health depends on carefully following these directions. Failure to follow these directions could result in severe harm. Ask your baby's doctor if you need to use cooled, boiled water for mixing and if you need to boil (sterilize) bottles, nipples and rings before use.

- Rinse can lid; shake very well; open with a clean punch-type opener.
- Pour equal amounts of formula and water into bottle.
- Attach nipple; swirl gently to mix.
- Once feeding begins, **use within 1 hour or discard.**

Ready to Feed

Your baby's health depends on carefully following these directions. Ask your baby's doctor if you need to boil (sterilize) bottles, nipples and rings before use.

2-fl-oz bottle

- Do not use if breakaway ring is missing or broken.
- Do not add water.
- Shake very well.
- Twist off cap; use clean hands to twist on nipple and ring.
- Once feeding begins, **use within 1 hour or discard.**

8-fl-oz On-the-go bottle

- Do not use if breakaway ring is missing or broken.
- Do not add water.
- Shake very well.
- Twist-off cap.
- Twist-on clean nipple and ring (not included).
- For use in a **different feeding container** (cup or bottle):
 - Ask your baby's doctor if you need to boil (sterilize) the empty bottles before adding formula.
 - Pour desired amount into clean feeding container. Recap bottle, refrigerate and **use within 48 hours.**
- No need to warm formula before feeding.
- Once feeding begins, **use within 1 hour or discard.**

1-QT bottle

- Do not use if band around cap or inner foil seal is damaged.
- Do not add water.
- Shake very well before each use.
- Remove protective band, twist off and clean cap.
- Invert cap; press down to pierce foil, then turn cap a half turn.
- Remove foil.

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- Pour formula into bottle; attach nipple.
- Once feeding begins, **use within 1 hour or discard.**
- Prepare and feed all formula from the 1 QT container **within 3 days after opening.**

Storage & Handling

Powder

0.62-oz powder packet

- Once mixed, feed immediately or cover and refrigerate; **use within 24 hours.**
- Store unopened packets at room temperature; avoid extreme temperatures.

12.4-oz can & 1.45-LB and 2.12-LB SimplePac containers

- Once mixed, store bottles in refrigerator and **feed to baby within 24 hours.**
- Store unopened or opened container at room temperature; avoid extreme temperatures.
- Use opened container contents **within 1 month.**
- Do not reuse container.

Concentrated Liquid

- Cover opened cans and prepared formula not used immediately.
- Store in refrigerator and **feed to baby within 48 hours.**
- Store unopened cans at room temperature; avoid extreme temperatures.

Ready to Feed

2-fl-oz bottle

- Avoid prolonged exposure of bottles to light.
- Store unopened at room temperature; avoid extreme temperatures.

8-fl-oz On-the-go bottle

- Store unopened containers at room temperature; avoid extreme temperatures.
- Do not reuse bottle.
- **Protect from light.**
- **Store in carton until ready to use.**

1-QT bottle

- Once opened, store quart bottle in refrigerator.
- Store bottles in refrigerator and **feed to baby within 48 hours.**
- Store unopened containers at room temperature; avoid extreme temperatures.
- Do not reuse container.