

Product Information: Similac For Spit-Up®

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Similac For Spit-Up®

Infant Formula with Iron

- Help your baby spit-up less frequently with easy-to-digest Similac For Spit-Up.
- A nutritionally complete, milk-based infant formula with added rice starch to help reduce frequent spit-up in healthy infants.
- Our exclusive formula has:
 - DHA (Omega 3) and ARA (Omega 6) for brain and eye development.
 - Calcium for strong bones - no palm olein oil.
 - Nucleotides to help support the immune system.
 - Prebiotics to help promote digestive health.
 - Carotenoids naturally found in breast milk.
 - Lutein to support eye health.
- Clinically shown to reduce the frequency of spit-up among healthy infants compared to a standard formula.¹
- For spit-up in healthy infants.
- Calcium for strong bones - no palm olein oil.
- Halal.
- Kosher.



Safety Precautions

- Never use a microwave oven to warm mixture. Serious burns can result.
- Not intended for use by infants or children with galactosemia.
- **Warning:** Powdered infant formulas are not sterile and should not be fed to premature infants or infants who might have immune problems unless directed and supervised by your baby's doctor.

¹ Data on File, AJ68, May 2007. Abbott Nutrition, Columbus, Ohio.

Ingredients

Unflavored Powder:

Corn Syrup Solids, Rice Starch, Milk Protein Isolate, High Oleic Safflower Oil, Sugar, Soy Oil, Coconut Oil, Galactooligosaccharides. Less than 2% of the Following: C. Cohnii Oil, M. Alpina Oil, Beta-Carotene, Lutein, Lycopene, Calcium Phosphate, Potassium Citrate, Potassium Chloride, Potassium Phosphate, Calcium Carbonate, Magnesium Chloride, Ascorbic Acid, L-Cystine Dihydrochloride, Choline Chloride, Ascorbyl Palmitate, Salt, Ferrous Sulfate, Choline Bitartrate, Taurine, m-Inositol, dl-Alpha-Tocopheryl Acetate, Mixed Tocopherols, Zinc Sulfate, L-Carnitine, Niacinamide, Calcium Pantothenate, Vitamin A Palmitate, Cupric Sulfate, Thiamine Chloride Hydrochloride, Riboflavin, Pyridoxine Hydrochloride, Folic Acid, Potassium Iodide, Phylloquinone, Biotin, Sodium Selenate, Vitamin D3, Cyanocobalamin, Potassium Hydroxide, and Nucleotides (Adenosine 5'-Monophosphate, Cytidine 5'-Monophosphate, Disodium Guanosine 5'-Monophosphate, Disodium Uridine 5'-Monophosphate).

Allergens: Contains milk ingredients.

Availability

| List Number | Item |
|-------------|--|
| 50959 | Similac For Spit-Up Powder / 12.3-oz (349-g) Can / 6 ct |
| 53729 | Similac for Spit Up Powder / 1.41-LB (638-g) SimplePac / 6 ct |
| 56728 | Similac for Spit Up Ready to Feed / 1-QT (946-mL) Bottle / 6 ct |
| 62139 | Similac for Spit Up Ready to Feed / 2-fl-oz (59-mL) Bottle / 48 ct |

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Nutrition Information - Unflavored Powder

| | 100 Cal* | 1000 mL* |
|-----------------------------------|----------|----------|
| | Value | Value |
| Calories | 100 | 676 |
| Volume, mL | 148 | 1000 |
| Protein, g | 2.14 | 14.47 |
| Fat, g | 5.64 | 38.1 |
| Carbohydrate, g | 10.40 | 70.3 |
| Water, g | 133 | 899 |
| Linoleic Acid, mg | 1000 | 6760 |
| Potential Renal Solute Load, mOsm | 19.9 | 134.7 |
| Vitamin A, IU | 300 | 2029 |
| Vitamin D, IU | 60 | 406 |
| Vitamin E, IU | 3.0 | 20.3 |
| Vitamin K, mcg | 8 | 54 |
| Thiamin (Vitamin B1), mcg | 100 | 676 |
| Riboflavin (Vitamin B2), mcg | 150 | 1014 |
| Vitamin B6, mcg | 60 | 406 |
| Vitamin B12, mcg | 0.25 | 1.7 |
| Niacin, mcg | 1050 | 7101 |
| Folic Acid (Folacin), mcg | 15 | 101 |
| Pantothenic Acid, mcg | 450 | 3043 |
| Biotin, mcg | 4.4 | 29.8 |
| Vitamin C (Ascorbic Acid), mg | 9 | 61 |
| Choline, mg | 16 | 108 |
| Inositol, mg | 4.3 | 29.1 |
| Calcium, mg | 84 | 568 |
| Calcium, mEq | 4.2 | 28.3 |
| Phosphorus, mg | 56 | 379 |
| Magnesium, mg | 6 | 40.6 |
| Iron, mg | 1.8 | 12.2 |
| Zinc, mg | 0.75 | 5.1 |
| Manganese, mcg | 5 | 34 |
| Copper, mcg | 90 | 609 |
| Iodine, mcg | 9 | 61 |
| Selenium, mcg | 1.8 | 12.2 |
| Sodium, mg | 30 | 203 |
| Sodium, mEq | 1.3 | 8.8 |
| Potassium, mg | 107 | 724 |
| Potassium, mEq | 2.7 | 18.5 |
| Chloride, mg | 65 | 440 |
| Chloride, mEq | 1.8 | 12.4 |

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Unflavored Powder Footnotes & References

Per 100 Cal*

*Nutrient values are applicable when prepared as directed.

Per 1000 mL*

*Nutrient values are applicable when prepared as directed.

Preparation

Powder

Your baby's health depends on carefully following these directions. Proper hygiene, handling and storage are important when preparing infant formula. Failure to follow these directions could result in severe harm. Ask your baby's doctor if you need to use cooled, boiled water for mixing and if you need to boil (sterilize) bottles, nipples and rings before use.

- Wash your hands, surfaces and utensils.
- Pour water into clean bottle (see mixing guide).
- Add 1 unpacked level scoop (8.7 g) to each 2 fl oz of water.
- Return dry scoop to container.
- Cap bottle; shake well; wait two minutes; attach nipple; gently swirl before feeding.
- Once feeding begins, use **within 1 hour or discard**.

Mixing Guide

| Measure water | + | Add scoop(s) of <i>unpacked level powder</i> using enclosed scoop | = | Finished bottle (approx) |
|---------------|---|---|---|--------------------------|
| 2 fl oz | | 1 scoop (8.7 g) | | 2 fl oz |
| 4 fl oz | | 2 scoops | | 4 fl oz |
| 6 fl oz | | 3 scoops | | 6 fl oz |
| 8 fl oz | | 4 scoops | | 8 fl oz |

Ready to Feed

Your baby's health depends on carefully following these directions. Failure to follow these directions could result in severe harm. Ask your baby's doctor if you need to boil (sterilize) bottles, nipples and rings before use.

2-fl-oz Bottle

- Do not add water.
- Shake very well.
- **Do not use if breakaway ring is missing or broken.**
- Twist off cap.
- Twist on nipple and ring; use clean hands to attach nipple and ring.
- Once feeding begins, use **within 1 hour or discard**.

1-Qt Bottle

- Do not add water.
- Shake very well before each use.
- Remove protective band; twist off and clean cap. **Do not use if band around cap or inner foil seal is damaged.**
- Invert cap; press down to piece foil, then turn cap a half turn.
- Remove foil.
- Pour formula into bottle; attach nipple.
- Once feeding begins, use **within 1 hour or discard**.
- Prepare and feed all formula from the container **within 3 days after opening**.

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Storage & Handling

Powder

- Once mixed, store bottles in refrigerator and **feed to baby within 24 hours.**
- Store unopened or opened container at room temperature; avoid extreme temperatures.
- Use opened can contents **within 1 month.**
- Do not reuse container.

Ready to Feed

2-fl-oz Bottle

- Avoid prolonged exposure of bottles to light.
- Store unopened containers at room temperature; avoid extreme temperatures.

1-QT Bottle

- Once opened, store quart bottle in refrigerator.
- Store prepared bottles in refrigerator and **feed to baby within 48 hours.**
- Store unopened containers at room temperature; avoid extreme temperatures.
- Prepare and feed all formula from this container **within 3 days after opening.**
- Do not reuse container.