

Product Information: Similac Expert Care® Alimentum®

For more information, contact your Abbott Nutrition Representative or visit
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Similac Expert Care® Alimentum®

Hypoallergenic Infant Formula with Iron

- A nutritionally complete, hypoallergenic formula for infants, including those with colic symptoms due to protein sensitivity. A supplemental beverage for children with severe food allergies, sensitivity to intact protein, protein maldigestion, or fat malabsorption.
- Hypoallergenic; contains a predigested protein to virtually eliminate allergic reactions in most babies who are allergic to cow's milk protein.
- Hydrolyzed casein supplemented with free amino acids for infants who are sensitive to or unable to digest intact protein.
- Starts reducing colic symptoms due to protein sensitivity within 24 hours in most infants.^{*,1}
- DHA and ARA to help support brain and eye development.
- A unique blend of carbohydrates with two different absorptive pathways to help maximize absorption and minimize risk of malabsorption.
- Made with oils that have been shown to be well absorbed. Approximately 33% of the fat as medium chain triglycerides.
- Ready To Feed formula is corn-free.



Safety Precautions

- Never use a microwave oven to warm mixture. Serious burns can result.
- **Warning:** Powdered infant formulas are not sterile and should not be fed to premature infants or infants who might have immune problems unless directed and supervised by your baby's doctor.

^{*} Based on a clinical study with Similac Expert Care Alimentum Ready to Feed without DHA and ARA in a small group of infants experiencing colic symptoms due to cow's milk protein sensitivity.

¹ Data on File: Study AC84. August 2004. Abbott Nutrition, Columbus, Ohio.

Ingredients

Unflavored Ready to Feed:

Water (87%), Sugar (4%), Casein Hydrolysate [Derived from Milk] (2%), Modified Tapioca Starch (2%), Safflower Oil (1.4%), Medium-Chain Triglycerides (1.3%), Soy Oil (1.1%). Less than 0.5% of the Following: C. Cohnii Oil, M. Alpina Oil, Calcium Citrate, Calcium Phosphate, Carrageenan, Potassium Phosphate, Ascorbic Acid, Magnesium Chloride, Calcium Hydroxide, Potassium Citrate, Salt, L-Cystine Dihydrochloride, Potassium Chloride, L-Tyrosine, Choline Chloride, L-Tryptophan, Ferrous Sulfate, Taurine, m-Inositol, Zinc Sulfate, dl-Alpha-Tocopheryl Acetate, L-Carnitine, Niacinamide, Calcium Pantothenate, Cupric Sulfate, Riboflavin, Vitamin A Palmitate, Thiamine Chloride Hydrochloride, Pyridoxine Hydrochloride, Folic Acid, Potassium Iodide, Potassium Hydroxide, Phylloquinone, Biotin, Sodium Selenate, Vitamin D3, and Cyanocobalamin.

Availability

List Number	Item
57508	Similac Expert Care Alimentum Ready to Feed / 8-fl-oz (237-mL) Can / Case of 24
57512	Similac Expert Care Alimentum Ready to Feed / 1-QT (946-mL) Bottle / Case of 6
57663	Similac Expert Care Alimentum Powder / 1-LB (454-g) SimplePac / Case of 6
59738	Similac Expert Care Alimentum Ready to Feed Institutional / 2-fl-oz (59-mL) Bottle / Case of 48

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Abbott Nutrition Abbott Laboratories
Columbus, OH 43219-3034
1-800-227-5767

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Nutrition Information - Unflavored Ready to Feed

	100 Cal	1000 mL
	Value	Value
Protein Equivalent, % Cal	11	11
Protein Equivalent Source	Casein Hydrolysate, L-Cystine, L-Tyrosine, L-Tryptophan	Casein Hydrolysate, L-Cystine, L-Tyrosine, L-Tryptophan
Fat, % Cal	48	48
Fat Source	Safflower Oil, Medium-Chain Triglycerides and Soy Oil (0.15% DHA, 0.40% ARA)	Safflower Oil, Medium-Chain Triglycerides and Soy Oil (0.15% DHA, 0.40% ARA)
Fat Ratio	38:33:28	38:33:28
Carbohydrate Source	Sugar, Modified Tapioca Starch	Sugar, Modified Tapioca Starch
Carbohydrate, % Cal	41	41
Carbohydrate Ratio	70:30	70:30
Osmolality, mOsm/kg H ₂ O	370	370
Calories	100	676
Volume, mL	148	1000
Protein Equivalent, g	2.75	18.6
Fat, g	5.54	37.47
Carbohydrate, g	10.2	69.0
Water, g	133	899
Linoleic Acid, mg	1900	12,850
Potential Renal Solute Load, mOsm	25.3	171.3
Vitamin A, IU	300	2029
Vitamin D, IU	45	304
Vitamin E, IU	3.0	20.3
Vitamin K, mcg	15	101
Thiamin (Vitamin B1), mcg	60	406
Riboflavin, mcg	90	609
Vitamin B6, mcg	60	406
Vitamin B12, mcg	0.45	3.04
Niacin, mcg	1350	9130
Folic Acid (Folacin), mcg	15	101
Pantothenic Acid, mcg	750	5072
Biotin, mcg	4.5	30.4
Vitamin C (Ascorbic Acid), mg	9.0	61
Choline, mg	12	81
Inositol, mg	5	33.8
Calcium, mg	105	710
Calcium, mEq	5.2	35.4
Phosphorus, mg	75	507
Magnesium, mg	7.5	50.7
Iron, mg	1.8	12.17
Zinc, mg	0.75	5.07

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Nutrition Information - Unflavored Ready to Feed

	100 Cal	1000 mL
	Value	Value
Manganese, mcg	8	54
Copper, mcg	75	507
Iodine, mcg	15	101
Selenium, mcg	1.8	12.2
Sodium, mg	44	298
Sodium, mEq	1.9	12.9
Potassium, mg	118	798
Potassium, mEq	3.0	20.3
Chloride, mg	80	541
Chloride, mEq	2.3	15.5

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Preparation

Ready to Feed

Your baby's health depends on carefully following these directions. Failure to follow these directions could result in severe harm. Ask your baby's doctor if you need to boil (sterilize) bottles, nipples and rings before use.

2-fl-oz bottle

- Do not add water.
- Shake very well.
- **Do not use if breakaway ring is missing or broken.**
- Twist off cap.
- Twist on nipple and ring. Use clean hands to attach nipple and ring.
- Once feeding begins, **use within 1 hour or discard.**

8-fl-oz can

- Do not add water.
- Rinse can lid; shake very well.
- Lift and pull tab to open.
- Pour formula into bottle or cup; attach nipple or lid.
- Once feeding begins, **use within 1 hour or discard.**

1-QT bottle

- Do not add water.
- Shake well before each use.
- **Do not use if band around cap or inner foil seal is damaged.**
- Remove protective band; twist off and clean cap.
- Invert cap; press down to pierce foil, then turn cap a half turn.
- Remove foil.
- Pour formula into bottle; attach nipple.
- Once feeding begins, **use within 1 hour or discard.**
- Prepare and feed all formula in this container **within 2 days after opening.**

Powder

Your baby's health depends on carefully following these directions. Proper hygiene, handling and storage are important when preparing infant formula. Failure to follow these directions could result in severe harm. Ask your baby's doctor if you need to use cooled, boiled water for mixing and if you need to boil (sterilize) bottles, nipples and rings before use.

- Wash your hands, surfaces and utensils.
- Pour water into clean bottle (see mixing guide).
- Add 1 unpacked level scoop (8.7 g) to each 2 fl oz of water.
- Return dry scoop to can.
- Cap bottle; shake well; attach nipple.
- Once feeding begins, **use within 1 hour or discard.**

Powder Mixing Guide

Measure water	+	Add scoop(s) of <i>unpacked level powder</i> using enclosed scoop	=	Finished bottle (approx)
2 fl oz		1 scoop (8.7 g)		2 fl oz
4 fl oz		2 scoops		4 fl oz
6 fl oz		3 scoops		6 fl oz
8 fl oz		4 scoops		8 fl oz

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Storage & Handling

Ready to Feed

2-fl-oz bottle

- Avoid prolonged exposure to light.
- Store unopened bottles at room temperature; avoid extreme temperatures.

8-fl-oz can

- Cover opened cans and prepared bottles not used immediately. Store in refrigerator and **use within 48 hours.**
- Store unopened bottles at room temperature; avoid extreme temperatures.

1-QT bottle

- Once opened, store quart bottle in refrigerator.
- Store prepared bottles in refrigerator and **feed to baby within 48 hours.**
- Store unopened containers at room temperature; avoid extreme temperatures.
- Do not reuse container.
- Prepare and feed all formula from this container **within 2 days after opening.**

Powder

- Once mixed, store bottles in refrigerator and **feed to baby within 24 hours.**
- Store unopened or opened container at room temperature; avoid extreme temperatures.
- **Use opened can contents within 1 month.**