

## Product Information: Pulmocare®

For more information, contact your Abbott Nutrition Representative or visit  
[www.abbottnutrition.com](http://www.abbottnutrition.com)

- PULMOCARE is a high-calorie, low-carbohydrate formula designed to help reduce diet-induced carbon dioxide production, which may be helpful for patients with chronic obstructive pulmonary disease (COPD), cystic fibrosis, or respiratory failure.
- For tube or oral feeding.
- For supplemental or sole-source nutrition.
- Use under medical supervision.
- Pulmocare® Therapeutic Nutrition for People with COPD (Chronic Obstructive Pulmonary Disease) is a high-calorie, low-carbohydrate product designed to help reduce diet-induced carbon dioxide production.
- One 8-fl-oz serving (355 Calories) meets or exceeds 25% of the RDI for 24 key vitamins and minerals.
- Complete, Balanced Nutrition®.
- Fortified with the antioxidants all-natural vitamin E, beta-carotene and vitamin C.
- Gluten-free; suitable for lactose intolerance.
- Halal.
- Kosher.



### Safety Precautions

- Not for IV use.
- Not for patients with galactosemia.
- **Feeding sets are for single-patient use only. Use clean technique to avoid set and/or product contamination**

### Ingredients

#### Vanilla Ready to Drink:

Water, Sodium & Calcium Caseinates, Sugar (Sucrose), Canola Oil, Corn Maltodextrin, Medium-Chain Triglycerides, Corn Oil, High Oleic Safflower Oil, Magnesium Chloride, Calcium Phosphate, Soy Lecithin, Potassium Citrate, Natural & Artificial Flavors, Sodium Citrate, Potassium Phosphate, Ascorbic Acid, Choline Chloride, Taurine, L-Carnitine, Gellan Gum, Salt (Sodium Chloride), Zinc Sulfate, d-Alpha-Tocopheryl Acetate, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Cupric Sulfate, Thiamine Chloride Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Beta-Carotene, Vitamin A Palmitate, Folic Acid, Biotin, Chromium Chloride, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Phylloquinone, Cyanocobalamin, and Vitamin D3.

**Allergens:** Contains milk and soy ingredients.

### Availability

List Number	Item
00699	Pulmocare Ready-to-Drink Vanilla Institutional / 8-fl-oz (237-mL) Can / 24 ct
51204	Pulmocare Ready-To-Hang Vanilla Institutional / 1000-mL (33.8-fl-oz) Bottle / 8 ct (discontinued)
62725	Pulmocare Cross Cap Ready-To-Hang Vanilla Institutional / 1000-mL (1.1-QT) Bottle / 8 ct

For more information, contact your Abbott Nutrition Representative or visit  
[www.abbottnutrition.com](http://www.abbottnutrition.com)

### Nutrition Information - Vanilla Ready to Drink

	8 fl oz (237 mL)	
	Value	%RDI* / %DV
Nutrient Density, Cal/mL	1.5	
Protein, % Cal	16.7	
Carbohydrate, % Cal	28.2	
Fat, % Cal	55.1	
MCT:LCT	20:80	
Cal to Meet 100% RDIs	1420	
mL to Meet 100% RDIs	947	
Total Cal:g Nitrogen	150:1	
Nonprotein Cal:g Nitrogen	125:1	
Osmolality, mOsm/kg H <sub>2</sub> O	475	
Renal Solute Load, mOsm/L	512	
Viscosity	Thin (Room Temperature), Nectar-Like (Chilled)	
Minimum Tube Size for Gravity/Pump Feeding (Fr)	10/8	
Protein, g	14.8	
Fat, g	22.1	
Carbohydrate, g	25.0	
L-Carnitine, mg	36	
Taurine, mg	36	
Water, g	186	
Calories	355	
Vitamin A, IU	2840 <sup>†</sup>	57
Beta-Carotene, mg	1.2	
Vitamin D, IU	100	25
Vitamin E, IU	20	67
Vitamin K, mcg	20	25
Vitamin C, mg	75	125
Folic Acid, mcg	200	50
Thiamin (Vitamin B1), mg	0.75	50
Riboflavin (Vitamin B2), mg	0.85	50
Vitamin B6, mg	1.0	50
Vitamin B12, mcg	3.0	50
Niacin, mg	10	50
Choline, mg	150	Not established
Biotin, mcg	150	50
Pantothenic Acid, mg	5.0	50
Sodium, mg	310	Not established
Sodium, mEq	13.5	
Potassium, mg	465	Not established

For more information, contact your Abbott Nutrition Representative or visit  
[www.abbottnutrition.com](http://www.abbottnutrition.com)

### Nutrition Information - Vanilla Ready to Drink

	8 fl oz (237 mL)	
	Value	%RDI* / %DV
Potassium, mEq	11.9	
Chloride, mg	400	12
Chloride, mEq	11.3	
Calcium, mg	250	25
Phosphorus, mg	250	25
Magnesium, mg	100	25
Iodine, mcg	38	25
Manganese, mg	1.3	65
Copper, mg	0.50	25
Zinc, mg	5.7	38
Iron, mg	4.5	25
Selenium, mcg	18	26
Chromium, mcg	30	25
Molybdenum, mcg	38	51

### Vanilla Ready to Drink Footnotes & References

#### Per 8 fl oz (237 mL)

\*RDI percentages for adults and children 4 or more years of age.

†1590 IU of vitamin A activity supplied by 1.2 mg of beta-carotene.

### Preparation

#### Instructions for Use: 8-fl-oz can

- Store unopened at room temperature; avoid extreme temperatures.
- Shake well. Pulmocare is ready to use.
- Clean top of container thoroughly before opening.
- Once opened, cover, refrigerate and **use within 48 hours**.

#### Oral Feeding:

- May be used for total or supplemental nutrition.
- May be fed at room temperature or chilled.

#### Tube Feeding:

- Follow physician's instructions.
- Adjust flow rate and volume according to patient's condition and tolerance.
- Feed by pump at room temperature with an 8 Fr or larger tube; use a 10 Fr or larger tube for gravity feeding.
- Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- Avoid contamination during preparation and use.

### Storage & Handling

#### Instructions for Use: Ready-To-Hang Container

All liquid medical foods, regardless of type of administration system, require careful handling because they can support microbial growth. Follow these instructions for clean technique and proper setup to reduce the potential for microbial contamination. NOTE: Failure to follow the **Instructions for Use** increases the potential for microbial contamination and reduces hangtime.

- Pump feeding is recommended; use an 8 Fr or larger tube. If gravity feeding use a 10 Fr or larger tube.
- Administer product at room temperature.
- THOROUGHLY wash hands with soap and water before handling container or feeding set.
- Turn container upside down and SHAKE VIGOROUSLY, using a twisting motion for at least 10 seconds.
- DO NOT touch any part of the container or feeding set that comes into contact with the formula.
- When initiating feeding, follow physician's instructions. Adjust flow rate and volume according to patient's condition and tolerance.
- Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- Follow Directions for Use provided with Abbott feeding set.

#### For Use with Abbott Piercing Pin Set:

- Lift tab to remove sticker from cap, taking care NOT to touch port. DO NOT remove the plastic cap.
- Insert spike into preattached cap, completely pierce foil, and turn 1/4 turn.
- Close clamp on set before inverting container.
- Invert container and suspend, using the hanging ring on the bottom of the container.
- **Hang product up to 48 hours after initial spike when clean technique and only one new set is used. Otherwise, hang no longer than 24 hours.**

#### For Use with Abbott Safety Screw Connector Set:

- Remove the dust cover from the RTH Safety Screw Cap.
- Remove the dust cover from the Safety Screw Connector Set.
- Insert the Safety Screw Connector Set into the port on the RTH Safety Screw Cap, completely pierce foil.
- Turn the Safety Screw Connector Clockwise until it is securely fastened.
- Close clamp on set before inverting container.
- Invert container and suspend, using the hanging ring on the bottom of the container.
- **Hang product up to 48 hours when clean technique and only one Screw Cap feeding set is used.**

#### For Use with Abbott Screw Cap Set:

- Remove plastic cap from RTH container taking care NOT to touch the foil seal.
- Visually inspect foil for signs of leakage. DO NOT use if leakage is apparent.
- Secure 40 mm Screw Cap set onto the RTH container.
- Close clamp on set before inverting container.
- Invert container and suspend, using the hanging ring on the bottom of the container.
- **Hang product up to 24 hours when clean technique and only one Screw Cap feeding set is used.**