

Product Information: Promote®

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

- PROMOTE is a complete, balanced, very-high-protein formula for patients who need a higher proportion of calories from protein. It is ideal for patients with low caloric needs and those at risk for protein-energy malnutrition or pressure ulcers.
- For tube or oral feeding.
- For supplemental or sole-source nutrition.
- Use under medical supervision.
- Very high in protein (25% of Cal, 14.8 g/8 fl oz). Protein is needed for lean body tissue maintenance and repair.
- Meets or exceeds 100% of the RDI for 24 essential vitamins and minerals in 1000 Cal (1 Liter).
- Fat blend has safflower, MCT, soy oils and soy lecithin. Patients who absorb lipids improperly may benefit from consuming a formula that contains medium-chain triglycerides (MCTs) as part of the fat source.
- 1 Cal/mL.
- Kosher.
- Halal.
- Gluten-free.
- Suitable for lactose intolerance.



Safety Precautions

- Not for patients with galactosemia.
- Not for IV use.
- **Feeding sets are for single-patient use only. Use clean technique to avoid set and/or product contamination**

Ingredients

Vanilla Ready to Hang:

Water, Corn Maltodextrin, Sodium Caseinate, Soy Protein Isolate, Soy Oil, Sugar (Sucrose), Medium-Chain Triglycerides, Safflower Oil, Calcium Citrate, Natural & Artificial Flavors, Magnesium Phosphate, Potassium Citrate, Potassium Chloride, Calcium Phosphate, Soy Lecithin, Ascorbic Acid, Choline Chloride, Sodium Citrate, Taurine, L-Carnitine, Zinc Sulfate, dl-Alpha-Tocopheryl Acetate, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Cupric Sulfate, Thiamine Chloride Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Beta-Carotene, Folic Acid, Biotin, Chromium Chloride, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Phylloquinone, Cyanocobalamin, and Vitamin D3.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
50774	Promote Ready-to-Drink Vanilla Institutional / 8-fl-oz (237-mL) Can / 24 ct
51616	Promote Ready-To-Hang Institutional / 1000-mL (33.8-fl-oz) Bottle / 8 ct (discontinued)
57631	Promote Ready-To-Hang Institutional / 1500-mL (50.7-fl-oz) Bottle / 6 ct (discontinued)
62701	Promote Cross Cap Ready-To-Hang Institutional / 1000-mL (1.1-QT) Bottle / 8 ct
62707	Promote Cross Cap Ready-To-Hang Institutional / 1500-mL (1.6-QT) Bottle / 6 ct

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Nutrition Information - Vanilla Ready to Hang

	8 fl oz (237 mL)		1000 mL		1500 mL	
	Value	%RDI* / % DV	Value	%RDI* / % DV	Value	%RDI* / % DV
Nutrient Density, Cal/mL	1.0		1.0		1.0	
Protein, % Cal	25.0		25.0		25.0	
Fat, % Cal	23.0		23.0		23.0	
MCT:LCT	19:81		19:81		19:81	
Carbohydrate, % Cal	52.0		52.0		52.0	
Cal to Meet 100% RDIs	1000		1000		1000	
mL to Meet 100% RDIs	1000		1000		1000	
Total Cal:g Nitrogen	100:1		100:1		100:1	
Nonprotein Cal:g Nitrogen	75:1		75:1		75:1	
Osmolality, mOsm/kg H ₂ O	340		340		340	
Renal Solute Load, mOsm/L	486		486		486	
Viscosity	Thin (Room Temperature and Chilled)		Thin (Room Temperature and Chilled)		Thin (Room Temperature and Chilled)	
Minimum Tube Size for Gravity/Pump Feeding (Fr)	10/8		10/8		10/8	
Protein, g	14.8		62.5		93.8	
Fat, g	6.2		26.0		39.0	
Carbohydrate, g	30.8		130.0		195.0	
L-Carnitine, mg	36		150		225	
Taurine, mg	36		150		225	
Water, g/mL/cc	198		839		1259	
Calories	237		1000		1500	
Vitamin A, IU	1720 [†]	34	7250 [†]	145	10875 [†]	220
Beta-Carotene, mg	0.40		1.7		2.6	
Vitamin D, IU	95	24	400	100	600	150
Vitamin E, IU	11	37	45	150	68	225
Vitamin K, mcg	19	24	80	100	120	150
Vitamin C, mg	82	135	345	575	515	860
Folic Acid, mcg	145	36	600	150	900	225
Thiamin (Vitamin B1), mg	0.54	36	2.3	155	3.5	235
Riboflavin (Vitamin B2), mg	0.61	36	2.6	155	3.9	230
Vitamin B6, mg	0.72	36	3.0	150	4.5	225
Vitamin B12, mcg	2.2	37	9.0	150	14	2235
Niacin, mg	7.2	36	30	150	45	225
Choline, mg	145	Not established	600	Not established	900	Not established
Biotin, mcg	110	37	450	150	675	225
Pantothenic Acid, mg	3.6	36	15	150	23	230

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Nutrition Information - Vanilla Ready to Hang

	8 fl oz (237 mL)		1000 mL		1500 mL	
	Value	%RDI* / % DV	Value	%RDI* / % DV	Value	%RDI* / % DV
Sodium, mg	240	Not established	1000	Not established	1500	Not established
Sodium, mEq	10.4		43.5		65.2	
Potassium, mg	470	Not established	1980	Not established	2970	Not established
Potassium, mEq	12.0		50.8		76.1	
Chloride, mg	300	9	1260	37	1890	56
Chloride, mEq	8.5	29	35.6		53.4	180
Calcium, mg	285	29	1200	120	1800	180
Phosphorus, mg	285	29	1200	120	1800	180
Magnesium, mg	95	24	400	100	600	150
Iodine, mcg	36	24	150	100	225	150
Manganese, mg	1.2	60	5.0	250	7.5	375
Copper, mg	0.48	24	2.0	100	3.0	150
Zinc, mg	5.7	38	24	160	36	240
Iron, mg	4.3	24	18	100	27	150
Selenium, mcg	17	24	70	100	105	150
Chromium, mcg	29	24	120	100	180	150
Molybdenum, mcg	36	48	150	200	225	300

Vanilla Ready to Hang Footnotes & References

Per 8 fl oz (237 mL)

*RDI percentages for adults and children 4 or more years of age.

†530 IU of vitamin A activity supplied by 0.4 mg of beta-carotene.

Per 1000 mL

*RDI percentages for adults and children 4 or more years of age.

†2250 IU of vitamin A activity supplied by 1.7 mg of beta-carotene.

Per 1500 mL

*RDI percentages for adults and children 4 or more years of age.

†3375 IU of vitamin A activity supplied by 2.6 mg of beta-carotene.

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Preparation

Instructions for Use: Ready-To-Hang Container

All liquid medical foods, regardless of type of administration system, require careful handling because they can support microbial growth. Follow these instructions for clean technique and proper setup to reduce the potential for microbial contamination. NOTE: Failure to follow the

Instructions for Use increases the potential for microbial contamination and reduces hangtime.

- Pump feeding is recommended; use an 8 Fr or larger tube. If gravity feeding use a 10 Fr or larger tube.
- Administer product at room temperature.
- THOROUGHLY wash hands with soap and water before handling container or feeding set.
- Turn container upside down and SHAKE VIGOROUSLY, using a twisting motion for at least 10 seconds.
- DO NOT touch any part of the container or feeding set that comes into contact with the formula.
- When initiating feeding, follow physician's instructions. Adjust flow rate and volume according to patient's condition and tolerance.
- Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- Follow Directions for Use provided with Abbott feeding set.

For Use with Abbott Safety Screw Connector Set:

- Remove the dust cover from the RTH Safety Screw Cap.
- Remove the dust cover from the Safety Screw Connector Set.
- Insert the Safety Screw Connector Set into the port on the RTH Safety Screw Cap, completely pierce foil.
- Turn the Safety Screw Connector Clockwise until it is securely fastened.
- Close clamp on set before inverting container.
- Invert container and suspend, using the hanging ring on the bottom of the container.
- **Hang product up to 48 hours when clean technique and only one Safety Screw Connector feeding set is used.**

Instructions for Use: 8-fl-oz-can

- Store unopened at room temperature; avoid extreme temperatures.
- Shake well. Promote is ready to use.
- Clean top of container thoroughly before opening.
- Once opened, cover, refrigerate and **use within 48 hours.**

Oral Feeding:

- May be used for total or supplemental nutrition.
- May be fed at room temperature or chilled.

Tube Feeding:

- Follow physician's instructions.
- Adjust flow rate and volume according to patient's condition and tolerance.
- Gravity feed at room temperature with a 10 Fr or larger tube; use a pump with 8 Fr or larger tubes.
- Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- Avoid contamination during preparation and use.