

Product Information: ProMod® Liquid Protein

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

ProMod® Liquid Protein

- PROMOD LIQUID PROTEIN is a great-tasting medical food that provides a concentrated source of protein for people with increased protein needs. Indications include wounds, protein-energy malnutrition (PEM), involuntary weight loss (IWL), pre- and post-surgery, anorexia, stress, trauma, cancer and burns.
- Use orally or with tube feeding.
- Collagen protein hydrolysate has been clinically shown to help improve pressure ulcer healing.¹
- Use under medical supervision.
- PROMOD LIQUID PROTEIN can be given to people with diabetes: One 1-oz serving = 1 starch + 1 very-lean meat exchange.
- 100 Cal and 10 g of protein per oz.
- 55 mg sodium per oz, making it low in sodium.
- Hydrolyzed collagen as a protein source.
- Fortified with tryptophan, an essential amino acid.
- Provides all essential amino acids.
- Glycerine as a carbohydrate source, and no simple sugars.
- Contains no fruit juice.
- No fat.
- Lactose-free.
- Gluten-free.
- Low-residue.



Safety Precautions

- Not for IV use.
- PROMOD LIQUID PROTEIN is not a balanced diet and is not for use as a sole source of nutrition.

¹ Lee SK, et al. *Adv Skin Wound Care* 2006;19:92, 94-96.

Ingredients

Fruit Punch Ready to Drink:

Glycerine, Hydrolyzed Beef Collagen, Water, Malic Acid, Citric Acid, Phosphoric Acid, Natural & Artificial Flavors, L-Tryptophan, Potassium Sorbate, and Sodium Benzoate.

Availability

List Number	Item
59721	ProMod Liquid Protein Fruit Punch Institutional / 1-QT (946-mL) bottle / 6 ct

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Nutrition Information - Fruit Punch Ready to Drink

	1 oz (30 mL)	100 g Protein
	Value	Value
Protein, % Cal	40	40
Carbohydrate, % Cal	60	60
Fat, % Cal	0.0	0.0
Nutrient Density, Cal/mL	3.3	3.3
Viscosity	Nectar-like (Room Temperature)	Nectar-like (Room Temperature)
Renal Solute Load, mOsm/L	59.9	59.9
Protein, g	10	
Fat, g	0	
Carbohydrate, g	14	
Glycerine, g	13	
Calories	100	
Sodium, mg	55*	
Potassium, mg	20*	
Chloride, mg	3*	
Phosphorus, mg	95	
Isoleucine, g		1.3
Leucine, g		2.9
Lysine, g		3.4
Methionine, g		0.7
Phenylalanine, g		1.8
Threonine, g		1.8
Tryptophan, g		0.5
Valine, g		2.3
Alanine, g		9.4
Aspartic Acid, g		5.4
Glycine, g		24.1
Proline, g		13.1
Serine, g		3.0
Hydroxyproline, g		12.5
Hydroxylysine, g		0.9
Tyrosine, g		0.2
Arginine, g		6.6
Cystine, g		0.0
Glutamic Acid, g		9.7
Histidine, g		0.4

Fruit Punch Ready to Drink Footnotes & References

Per 1 oz (30 mL)

*Not to exceed.

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Preparation

Recommended Preparation for Tube Feeding

- Place one oz of Liquid ProMod in a clean 4-6 ounce container.
- Add 1-2 oz (30-60 mL) water.
- Mix well with disposable spoon or tongue blade.
- Flush feeding tube with 30 mL water.
- Administer Liquid ProMod with 60 cc or larger syringe.
- Flush with additional 30 mL water.

Exchanges for 1 serving PROMOD LIQUID PROTEIN

Exchanges	Cal	Carbohydrate (g)	Protein (g)	Fat (g)
1 starch	80	15	3	—
1 very-lean meat	35	—	7	0-1
Total from Exchanges	115	15	10	0-1

Storage & Handling

Discard 3 months after opening.