

Product Information: ProMod® Liquid Protein

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

ProMod® Liquid Protein

- PROMOD LIQUID PROTEIN is a great-tasting medical food that provides a concentrated source of protein for people with increased protein needs. Indications include wounds, protein-energy malnutrition (PEM), involuntary weight loss (IWL), pre- and post-surgery, anorexia, stress, trauma, cancer and burns.
- Use orally or with tube feeding.
- Collagen protein hydrolysate has been clinically shown to help improve pressure ulcer healing.¹
- PROMOD LIQUID PROTEIN can be given to people with diabetes: One 1-oz serving = 1 starch + 1 very-lean meat exchange.
- 100 Cal and 10 g of protein per oz.
- Hydrolyzed collagen as a protein source.
- Glycerine as a carbohydrate source, and no simple sugars.
- 55 mg sodium per oz, making it low in sodium.
- No fat.
- Fortified with tryptophan, an essential amino acid.



Safety Precautions

- PROMOD LIQUID PROTEIN is not a balanced diet and is not for use as a sole source of nutrition.
- Notice: Use this product as a food supplement only. Do not use for weight reduction.

¹ Lee SK, et al. *Adv Skin Wound Care* 2006;19:92, 94-96.

Ingredients

Fruit Punch Ready to Drink:

Glycerine, Hydrolyzed Beef Collagen, Water, Malic Acid, Citric Acid, Phosphoric Acid, Natural & Artificial Flavors, L-Tryptophan, Potassium Sorbate, and Sodium Benzoate.

Availability

List Number	Item
59721	ProMod Liquid Protein Ready-to-Drink Fruit Punch Institutional / 32-fl-oz Bottle / Case of 6

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Nutrition

Nutrition Information - Fruit Punch Ready to Drink

	1 oz (30 mL)	100 g Protein
	Value	Value
Nutrient Density, Cal/mL	3.3	3.3
Protein, % Cal	40	40
Carbohydrate, % Cal	60	60
Fat, % Cal	0.0	0.0
Exchanges	1 Starch, 1 Very-Lean Meat	1 Starch, 1 Very-Lean Meat
Calories From Exchanges	115	115
Calories From Starch	80	80
Calories from Very-Lean-Meat	35	35
Viscosity	Nectar-like (Room Temperature)	Nectar-like (Room Temperature)
Calories	100	
Protein, g	10	
Fat, g	0	
Carbohydrate, g	14	
Glycerine, g	13	
Renal Solute Load, mOsm/L	59.9	
Sodium, mg	55	
Potassium, mg	20	
Phosphorus, mg	95	
Isoleucine, g		1.3
Leucine, g		2.9
Lysine, g		3.4
Methionine, g		0.7
Phenylalanine, g		1.8
Threonine, g		1.8
Tryptophan, g		0.5
Valine, g		2.3
Alanine, g		9.4
Aspartic Acid, g		5.4
Glycine, g		24.1
Proline, g		13.1
Serine, g		3.0
Tyrosine, g		0.2
Arginine, g		6.6
Cystine, g		0.0
Glutamic Acid, g		9.7
Histidine, g		0.4

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Preparation

Recommended Preparation for Tube Feeding

- Place 1 oz (30 mL) Liquid ProMod in a clean 4- to 6-oz container
- Add 1-2 oz (30-60 mL) water
- Mix well with disposable spoon or tongue blade
- Flush feeding tube with 1 oz (30 mL) water
- Administer Liquid ProMod with 2 oz (60 mL) or larger syringe
- Flush with additional 1 oz (30 mL) water
- Should not be mixed with a tube-feeding formula due to curdling

Exchanges for 1 serving PROMOD LIQUID PROTEIN

Exchanges	Cal	Carbohydrate (g)	Protein (g)	Fat (g)
1 starch	80	15	3	—
1 very-lean meat	35	—	7	0-1
Total from Exchanges	115	15	10	0-1

Recommendation for Mixing with Food

- PROMOD LIQUID PROTEIN has a fruit punch flavor and may be more palatable mixed with foods such as applesauce, vanilla yogurt, vanilla pudding or vanilla ice cream