

Product Information: Phenex™-2

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Phenex™-2

Amino Acid-Modified Medical Food

- For nutrition support of children and adults with phenylketonuria (PKU).
- Phenylalanine-free
- Use under medical supervision.
- Nutrient profile specifically designed for children and adults.
- When fed according to the Abbott Nutrition Support Protocols, provides adequate amounts of all nutrients.
- Phenylalanine-free to allow greater intake of intact protein.
- Fortified with L-tyrosine, an essential amino acid that is often deficient in patients with PKU.
- Powder supplemented with L-carnitine (40 mg/100 g) and taurine (50 mg/100 g) to help supply amounts normally found in foods of animal origin.
- Provides approximately 30% of energy as fat to help supply essential fatty acids.
- Halal.
- Not for infants under 1 year of age.



Safety Precautions

- Not intended as a sole source of nutrition.
- Give only to children and adults with proven phenylketonuria (PKU) who are under medical supervision. Must be supplemented with protein and fluid in prescribed amounts to completely meet phenylalanine and water requirements.
- Do not heat or use in cooking.
- Not for IV use.

Ingredients

Unflavored Powder:

Corn Syrup Solids, High Oleic Safflower Oil, Coconut Oil, Sodium Citrate, Soy Oil, L-Leucine, L-Tyrosine, L-Proline, L-Lysine Acetate, L-Glutamine, L-Valine, Calcium Phosphate, L-Isoleucine, L-Arginine, L-Alanine, Glycine, Magnesium Phosphate, Potassium Chloride, L-Asparagine, L-Serine, L-Threonine, Silicon Dioxide, L-Histidine, DATEM, Potassium Citrate, Potassium Phosphate, L-Methionine, L-Glutamic Acid, L-Cystine Dihydrochloride, L-Tryptophan, L-Aspartic Acid, Calcium Carbonate, Ascorbic Acid, Taurine, Choline Chloride, m-Inositol, Ferrous Sulfate, Zinc Sulfate, L-Carnitine, Niacinamide, dl-Alpha-Tocopheryl Acetate, Calcium Pantothenate, Ascorbyl Palmitate, Mixed Tocopherols, Cupric Sulfate, Manganese Sulfate, Thiamine Chloride Hydrochloride, Vitamin A Palmitate, Riboflavin, Pyridoxine Hydrochloride, Folic Acid, Potassium Iodide, Chromium Chloride, Beta-Carotene, Biotin, Sodium Selenate, Phylloquinone, Sodium Molybdate, Vitamin D3, and Cyanocobalamin.

Availability

List Number	Item
51122	Phenex-2 Powder Institutional / 14.1-oz Can / 6 ct
55755	Phenex-2 Powder Vanilla Institutional / 14.1-oz Can / 6 ct

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Nutrition Information - Unflavored Powder

	100 g Powder
	Value
Protein Equivalent Source	L-Amino Acids
Fat Source	High Oleic Safflower, Coconut and Soy Oils
Carbohydrate Source	Corn Syrup Solids
Protein Equivalent, g	30.0
Fat, g	14.0
Carbohydrate, g	35.0
Linoleic Acid, mg	2200
Linolenic Acid, mg	225
L-Carnitine, mg	40
Calories	410
Vitamin A, IU	2200
Vitamin A, mcg RE	660
Vitamin D, IU	300
Vitamin D, mcg	7.5
Vitamin E, IU	18
Vitamin E, mg alpha-TE	12.1
Vitamin K, mcg	60
Thiamin (Vitamin B1), mg	3.3
Riboflavin (Vitamin B2), mg	1.8
Vitamin B6, mg	1.3
Vitamin B12, mcg	5.0
Niacin, mg	16
Niacin, mg NE	21.7
Folic Acid (Folacin), mcg	450
Pantothenic Acid, mg	8.0
Biotin, mcg	100
Vitamin C (Ascorbic Acid), mg	60
Choline, mg	100
Inositol, mg	70
Calcium, mg	880
Phosphorus, mg	760
Magnesium, mg	225
Iron, mg	13
Zinc, mg	13
Manganese, mg	0.8
Copper, mg	1.0
Iodine, mcg	100
Selenium, mcg	35
Chromium, mcg	27

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Nutrition Information - Unflavored Powder

	100 g Powder
	Value
Molybdenum, mcg	30
Sodium, mg	880
Sodium, mEq	38.3
Potassium, mg	1370
Potassium, mEq	35.0
Chloride, mg	940
Chloride, mEq	26.5

Preparation

Directions for Preparation and Use: Use Only As Directed by a Physician

Depending on specific needs of each individual, preparation will vary as prescribed by physician. Follow physician's instructions carefully.

- Wash your hands, surfaces and utensils.
- Pour prescribed amount of water into a clean container.
- Add prescribed amount of Phenex-2 powder (and other ingredients if recommended).
- Shake well for 10-15 seconds; if using a blender, mix no more than 5 seconds.
- Pour mixture into clean feeding cup or container; cap.
- Serve chilled. Once feeding begins, **use within 1 hour or discard**.

Helpful Hints

- Add sweetened drink crystals to enhance flavor.
- Add chocolate or strawberry syrup.
- Mix Phenex-2 with fruit to make a smoothie
- Freeze flavored mixture into slushies.

Approximate Weights for Unpacked, Level U.S. Standard Dry Household Measures for Powder*

Household Measure (US)	Weight (g)
1 Tbsp	8
1/4 Cup	30
1/3 Cup	40
1/2 Cup	60
1 Cup	120

* For most accurate results, Phenex-2 should be weighed on a scale that reads in grams.

Storage & Handling

Powder

- Once mixed, store container in refrigerator and **use within 24 hours**
- Store unopened or opened can at room temperature; avoid extreme temperatures.
- **Use opened can contents within 1 month.**