

Product Information: Ensure® Immune Health

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Ensure® Immune Health

Targeted, Specialized Nutrition® to Support the Immune System

- For oral use only.
- For interim sole-source nutrition.
- Use under medical supervision.
- ENSURE IMMUNE HEALTH has Immune Balance to help promote digestive tract health and to help support the immune system. Ensure Immune Health can benefit patients who have malnutrition, are at nutritional risk, have a weakened immune system, or are experiencing involuntary weight loss.
- A source of Complete, Balanced Nutrition®.
- Immune Balance, a unique blend of prebiotic fiber to help promote digestive tract health and antioxidants* to support the immune system.
- Good source of fiber (3 g scFOS/serving) to help maintain regularity.
- Excellent source (320 mg/serving) of plant-based omega-3 fatty acid ALA (20% of 1.6 g DV) to support heart health.
- Excellent source of 24 essential vitamins and minerals.
- Low-residue.
- Kosher.
- Halal.
- Gluten-free.
- Suitable for lactose intolerance.



Safety Precautions

- Not for patients with galactosemia.
- Not for IV use.

* Vitamins C and E, and Selenium

Ingredients

Vanilla Ready to Drink:

Water, Sugar, Corn Maltodextrin, Milk Protein Concentrate, Soy Oil, Short-Chain Fructooligosaccharides, Soy Protein Isolate, Pea Protein Concentrate, Canola Oil. Less than 0.5% of the Following: Corn Oil, Magnesium Phosphate, Potassium Citrate, Cellulose Gel, Natural & Artificial Flavor, Calcium Carbonate, Potassium Chloride, Calcium Phosphate, Sodium Citrate, Salt, Choline Chloride, Ascorbic Acid, Cellulose Gum, Monoglycerides, Soy Lecithin, Carrageenan, Potassium Hydroxide, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Zinc Sulfate, Niacinamide, Manganese Sulfate, Calcium Pantothenate, Cupric Sulfate, Vitamin A Palmitate, Thiamine Chloride Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Folic Acid, Chromium Chloride, Biotin, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Phylloquinone, Vitamin D3, and Cyanocobalamin.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
50460	Ensure Immune Health Shake Vanilla Institutional / 8-fl-oz (237-mL) Can / 24 ct
50462	Ensure Immune Health Shake Milk Chocolate Institutional / 8-fl-oz (237-mL) Can / 24 ct
50648	Ensure Immune Health Shake Strawberry Institutional / 8-fl-oz (237-mL) Can / 24 ct
51892	Ensure Immune Health Shake Butter Pecan Institutional / 8-fl-oz (237-mL) Can / 24 ct
58293	Ensure Immune Health Shake Milk Chocolate Institutional / 8-fl-oz (237-mL) Bottle / 24 ct
58295	Ensure Immune Health Shake Strawberry Institutional / 8-fl-oz (237-mL) Bottle / 24 ct
58297	Ensure Immune Health Shake Vanilla Institutional / 8-fl-oz (237-mL) Bottle / 24 ct

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	8 fl oz (237 mL)	
	Value	%RDI / %DV*
Osmolality, mOsm/kg H2O	630	
Calories	250	
Calories from Fat	50	
Fat, g	6	9
Saturated Fat, g	1	5
Trans Fat, g	0	
Polyunsaturated Fat, g	3	
Monounsaturated Fat, g	2	
Cholesterol, mg	5	2
Sodium, mg	200	8
Potassium, mg	370	11
Carbohydrate, g	42	14
Dietary Fiber, g	3	12
Sugars, g	23	
Protein, g	9	18
Vitamin A		25
Vitamin C		50
Calcium		30
Iron		25
Vitamin D		40
Vitamin E		25
Vitamin K		25
Thiamin		25
Riboflavin		25
Niacin		25
Vitamin B6		25
Folate		25
Vitamin B12		25
Biotin		25
Pantothenic Acid		25
Phosphorus		25
Iodine		25
Magnesium		25
Zinc		25
Selenium		25
Copper		25
Manganese		60
Chromium		25
Molybdenum		50



Nutrition Information - Vanilla Ready to Drink

	8 fl oz (237 mL)	
	Value	%RDI / %DV*
Chloride		8
Choline		15

Vanilla Ready to Drink Footnotes & References

Per 8 fl oz (237 mL)
*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

Preparation

Shake well. Serve cold.